

TECHNOLOGY RELATED ALERTS TO PARENTS

Dear Parents,

The school seeks partnership from parents and this is to bring to your kind notice that, we need to be alert about the usage of social media and its effects on our children.

The purpose of the social media is to get globally connected without wastage of time and facilitate all areas of growth.

But it has come to the forefronts in a big way that digital technology is unfortunately heading towards vanity, poking, cybercrime and is a dangerous way of trapping the young mind into negative thrills through on line games.

This is to kindly request you to keep the following points in mind with all age children at home:-

1. Digital surveillance is needed by keeping computers in the family area .
2. Please be aware about the latest in technology and its misuses. Its mandatory for both father and mother to monitor on a daily basis .
3. Monitor when your children are using smart phones or computer for a long time behind closed door.
4. Its proven that children who use too much of smart phones lack sleep and its also affects their cognitive

abilities and performance, as there is divided of attention all the time.

5. Be vigilant about the groups and friends with whom your children interact and keep in touch with their parents .
6. Be firm and draw a limit yourself to make a point to the children.
7. Seek the help of law if any threats or messages are posted to you or your children.
8. Don't allow your children to stay out with their friends when their parents are not around.
9. Don't allow your child to close doors from inside.

Please treat it as urgent and Be Mindful of the world around .

Regards

Neelima chaudhary

School Counsellor