

PRESS RELEASE

INTERNATIONAL DAY OF YOGA

In order to create awareness among NCC Cadets, International day of Yoga was conducted by 3 PB (I) COY NCC in Shivalik Public School, Mohali in which 57 NCC Cadets participated from various schools and Government College

Mohali . The Principal of the school, Mrs. Anupkiran Kaur, ANO Mr. Gurjot Singh, Caretaker Ms.Karamsheel motivated cadets to adopt Yoga in their lifestyle. Subedar Gurpal Singh and Havildar Jasbir Singh



briefed about the essence of Yogic exercises on the health of individuals. Thereafter, an expert Yoga teacher Ms.Sukhraj held a long session with demonstration of Asanas. Refreshments were offered to the cadets. The event was well received by the cadets and they were encouraged to think about their physical, mental and spiritual health.

IN-SERVICE TEACHER TRAINING PROGRAMME

Shivalik Public School Phase VI, Mohali conducted the Annual INSET Programme from 27th May to 1st June, 2019 for 300 teachers from all the

branches of Shivalik Public School located in Chandigarh, Nawan Shehar, Patiala and Mohali. The program was initiated with an informative discussion on creating sensitization on “Child Sexual Abuse” presented by Mr. Arun Nayar, a social activist. This



was followed by a discussion on “Classroom Strategies” by Ms. Nishi Sherawat . The second day of the INSET was initiated by Mr. P.M.Phillip, Principal Holy Angels School, Rajpura, who apprised

the teachers with the concept of ART INTEGRATION into teaching of different subjects for learning complex topics in an interesting manner. He also deliberated upon the challenges of 21st century teachers. Ms. Usha Pathania, Education Development Specialist at India Today, New Delhi conducted an interactive learning session on “Effective Teaching Strategies for 21st century teachers”. Ms. Neenu Puri, Director of Education, S.Chand, Harcourt - Development

of

educational resources, Teacher Training and School

Consultancy, emphasized the need and ways of integrating “EXPERIENTIAL LEARNING” into teaching and learning. Ambassadors from O.P.Jindal University and JIBS(Jindal Institute of Behavioural

Sciences) focused on the importance of Emotional Intelligence presented by Dr. Manjushree Pulit, career possibilities in the field of Commerce by Mr. Anand Mishra and Dr., Tithi Bhatnagar, who discussed about the importance of well-being in developing



effective relationships. Professor Gurmeet Singh, from Panjab University discussed tips and habits for “Improving Health through Exercise”. The program culminated with an inspiring note by Mr. D.S.Bedi, Director Shivalik Public Schools.

MAKERSHALA SUMMER CAMPWORKSHOP

MAKERSHALA SUMMER CAMP WORKSHOP was organised in Shivalik Public School, Mohali under the aegis of Atal Innovation Mission, NITI Aayog for classes IVth to IXth from 27th May to 1st June 2019. 54 students participated in the workshop and worked on six projects. The students of classes IVth and Vth developed various innovative models including PVC lamps and Water Level Indicator which helps to detect and indicate the water level in an overhead tank. The students of classes VIth and VIIth created an LED Tilt Lamp which can be turned by using tilt

sensor and rechargeable batteries. They also made a Smart Bin (Hungry Robot) which includes an AIR sensor with Servo motor using Additive Manufacturing Technology. Grade VIIIth and IXth students developed an Air purifier and a Smart pot using Additive



manufacturing Technology (3D printing), electronics circuit and soldering. The models developed by the students were displayed and exhibited on the last day of the workshop. It was an innovative learning experience for students

FANCY DRESS COMPETITION

The tiny tots of classes I and II showcased their talent at the Fancy Dress Competition organised in the campus of Shivaliik Public School, Mohali.

Some of the children conveyed beautiful message through their acts like “Say no to plastics” , Mother Earth, Preserve trees and donate blood while others depicted themes like fairies, fruits, vegetables, humanity and also enacted the roles of famous personalities like Mr. Narendra Modi, Mother Teresa, Indira Gandhi, Subhash Chandra Bose and Bhagat Singh. All the students participated enthusiastically. The winners were awarded appreciation certificates.



School Principal, Ms. Anupkiran Kaur appreciated the efforts of the students and further added such activities provide unique platform to improve their communication skills in addition to improving their confidence .

MOTHER'S DAY

“Mother’s hold their children’s hands for a short while but their hearts forever.”

In the same spirit Shivalik Public School, Mohali celebrated mother’s Day in school auditorium on 11 May 2019. Celebration was glorified by the presence of revered Director Satwant Kaur Bedi and Principal Ms. Anupkiran Kaur. The function commenced with the school shabad followed

by introductory speech by the school staff. In this fun and frolic celebration, vibrant and enthusiastic mothers of primary wing students participated in various events like musical chair, tongue twisters, recognition of famous



personalities, individual tip tapping guest performance were also there. It was followed by showcasing a video depicting different roles of a woman. The function concluded by the grand dance performance by the teachers.

PARENT ORIENTATION

' A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe.'

Under the able guidance of the worthy Director, Shivalik Public Schools, Mr D S Bedi , an Orientation Programme was organized for the parents of XI and XII students. The aim was to familiarize the parents, 'as partners in progress' with the curriculum, rules and regulations of the school, teaching methodologies and the



co-curricular activities, The parents were briefed about the rules and regulations of the school. Later, the teachers gave an overview of the various subjects like English, Math, Biology, Physics, Physical Education and Chemistry and not to forget the co-scholastic activities which gave them an assurance that the curriculum involves self-directed, hands-on learning activities which not only give vent to

their creative talents and energies but also help in their all-round development of the child.

The orientation programme proved to be a sincere effort made by the school in educating the parents to look after and guide their children in a proper manner. It also helped in evolving a common



teaching strategy and helped the parents in identifying suitable follow up methods to reinforce the learning process of their children.

It was followed by a session taken by the school Counsellor, who guided the parents about various principles involved in the teaching of life skills. They were also made aware about guidance related to their adolescent age. The Principal of the school Ms Anupkiran Kaur, in her address to the parents, asserted that a student's progress in any field in school is not possible without the cooperative efforts of the teachers and the parents. Overall, it was a fruitful meeting and the parents were in high spirits after attending the orientation programme. They were equally delighted like the teachers and they parted with an assurance in their minds of a secured environment for each young mind.

WORLD BOOK DAY

Shivalikpublicschool, Phase - 6 Mohali, celebrated library week to commemorate World Book Day. The school aims to building a global community that reads and writes together. Keeping this in mind many activities were organized for students.

The school organized a special assembly for classes V and VIII focusing on inculcation of reading habit followed

by a talk on benefits of reading. All students pledged to become avid readers and add reading to their daily routine.

A number of activities were conducted like Bookmark making competition for classes I-VIII, Book jackets, Story writing competition, book reviews competition, were also organized for classes VI-VIII. The students who came first in each activity were Class VI Ritika, class VII Harsirat kaur, Class VIII



among the students. This was

EARTH DAY CELEBRATIONS

“Let’s join hands on Earth Day to make our Earth a better place to live in”

With this thought students of classes I and II of Shivalik Public School, Mohali organised a special assembly in the school premises. Students beautifully dressed in green enthusiastically participated in poems, speeches, role act, mime, dance and songs based on the theme “Go Green”. The main aim of the assembly was to motivate and spread awareness



among the students on some of the ways to save our “Mother Earth”. An animated video depicting 3 R’s (reduce, reuse, recycle) was also showcased.

The programme concluded with a pledge to save our natural resources. Principal Ms. Anupkiran Kaur appreciated the efforts of young toddlers and added that we are fortunate to have been born on Earth and we should join hands together to save our mother Earth

CLEANLINESS DRIVE - BY NCC CADETS

In order to create awareness among people, Cleanliness Drive on „Swacchta“ was carried out by NCC Cadets of Shivalik Public School, Mohali. The Principal of the school, Mrs. Anupkiran Kaur, ANO Mr Gurjot Singh, Caretaker Mr Jasbir Singh motivated cadets to take preventive measures against environment pollution . NCC Cadets had cleaned area near

Phase VI market, neighbourhood park and school premises. Slogan



writing and poster making competitions were conducted on „Clean and Green India“. It was a great opportunity to encourage the youth to maintain cleanliness in surroundings. Refreshments were offered to the cadets. The event was well received by the cadets and they were motivated to think about the environment.

FOUNDER'S DAY AND BAISAKHI CELEBRATION

13th April brought twin joys to everyone connected with Shivalik Public School, Mohali. The day witnessed celebrations of Baisakhi and the school's 49th Founder's Day.

First of all the celebrations were initiated with the religious fervour to celebrate the Baisakhi which coincided with the „Sangrand“ of the month „Baisakh“. The religious congregation was organised in the hostel mess

where all the students put in their best to make this function a success by setting an example of discipline and perseverance.

The

school students recited shabads



swaying everybody into the spirituality and devotion. Then the venue of the celebrations shifted to the Multi Sports Complex where the School Flag was unfurled by the Honourable Director, Shivalik Public Schools, Mr D S Bedi which was followed by an impressive smart March past. The third phase of the celebrations was organised in the state of the art, the school auditorium. It was the great cultural extravaganza, a fruition of a collective dream that all Shivalikians had all tirelessly worked to execute. The celebrations began with the recital of the school shabad „Deh Shiva Bar MoheIhe“ followed by a tribute to the JallianwalBagh Massacre through a presentation, poetic recitation and a short skit.

Then the hearts and minds were filled with pride when a nostalgic PowerPoint Presentation on the school's glorious past : „ A Journey from sweet memories (1970) to Shivalik – A Trendsetter in

Education was showcased which showcased the strides taken by the school during the last 49 years.

It was a spectacular celebration, a delightful medleys of foot tapping music and stunning visuals, spectacular dances and thought provoking presentations, poetic recitation and speeches.

The whole school came alive with the brilliant performances presented by the students.

.There were spectacular dance performances by the students and

the melodious songs sung, dressed up in attractive attires, participated whole heartedly and tapped the floor of

the stage to the dancing tunes. This spread sparklings mile on one and all viewers.



The assembly concluded with a resplendent and energetic Punjabi folk dance performance that made a truly spirited stage! The aim behind the celebrations was to appraise the students of their rich culture and heritage.

Worthy Director, Shivalik Public Schools, Mr D S Bedi congratulated the staff and the students mentioning that, "Punjabi culture has a rich tradition and such festivities are the reasons that give us an opportunity to present the beautiful form of Punjab. He wished everyone „Happy Founder“s Day“ and Happy Baisakhi“. Cherishing the memories of the Founder“s Day, he said that foundation stone of Shivalik was laid 49 years ago on this day by five students amidst recitation of Gurbani, The curtain on the function came down with the singing of the National Anthem and later with the distribution of sweets among the students.

Press Release Investiture Ceremony

Date: July 12, 2019

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

Today, Shivalik Public School, Mohali held investiture ceremony to administer the oath of allegiance to the selected members of school students council (2019-2020).The ceremony started with recitation of the school shabad. The Lamp of Knowledge was lit by Honorable Director of the school Shri. D.S.Bedi and oath was administered by him to the newly elected members of the students’ council.

Then each of the council members was presented with a badge and a sash . The house colour flags were given to the house captains boys.

The whole ceremony was attended by the students and the teachers of the senior school where they saw these council members taking the oath. During the oath taking ceremony, the students held lit candles and solemn and serene ambience prevailed. It was the ceremony where the respected Director felicitated the leadership role in the students by appointing leaders to preserve the discipline and decorum of the school. The Head Boy, Yuvraj Singh, was handed over the school flag and Head Girl, Nidhi passed on the light of knowledge to each council member with the purpose to keep the flag elevated and the flame shimmering. The other school appointees are Deputy Head Boy, Daksh, Deputy Head Girl, Yashvi Singh and Additional Deputy Head Girl, Geetakshi, Discipline Leader, Sakshi (XI), Activity Leaders, Amarvir Singh and Chetna, Sports Leader, Updesh (XI) This was followed by oath taking ceremony for the various prestigious posts for the four Houses viz. Pratap, Azad, Ranjit and Subhash. Gurkaran Singh and Raagsimran Kaur Sekhon (Pratap House), Shivam Verma and Daya (Azad House), Varun Thapar and Kajal (Ranjit House), Shivank Mishra and Riya (Subhash House) were sworn in as House Captains for the four houses respectively.

Apart from this, Mr. DS Bedi, Hon’ble Director of the school gave his thought provoking speech about leadership in front of the students to achieve greater heights in their lives. He congratulated them and reminded them of their duties once again.

Indeed it was a Royal Ceremony at Shivalik Public School, Mohali depicting a new model of leadership among the students of the nation.

NCC ENROLMENT, 2019
- BY 3 PB(I) COY NCC , ROPAR
SHIVALIK PUBLIC SCHOOL , MOHALI

In order to inculcate leadership qualities, NCC Enrolment - 2019 was done by 3 PB (I) COY NCC in Shivalik Public School, Mohali. The Principal of the school, Mrs. Anupkiran Kaur, ANO Mr Gurjot Singh, Caretaker Mr

Jasbir Singh and Ms



Karamsheel motivated cadets to take initiative to become integral part of NCC organisation . The enrolment team verified documents and physical standards of NCC aspirants. It was a great opportunity to encourage the youth to attend NCC camps. Refreshments were offered

to the cadets. The event was well received by the cadets.

PRESS RELEASE –BLUE DAY

“Kiddies paint their moods in shades of blue”

The Kindergarten wing of Shivalik Public School, Mohali celebrated Blue Day on July 31, 2019. The dress code of the day was “blue”. The theme of the day was “save water”.

Excitement and enthusiasm was visible everywhere. All the children came dressed up in different shades and hues of blue. The classrooms were decorated with blue balloons as well as blue day craft and children were introduced to different shades of blue. The significance of blue colour and save water was reiterated through a series of activities. Also,



an array of blue coloured objects and pictures related to the methods of saving water were at display thus providing the students opportunities to have a clear sense of the colour and importance of saving water.

The little ones of NURSERY and LKG made a blue umbrella and peacock through cotton dabbing on paper plates. While the KG students got engaged in free hand drawing, colouring etc on SAVE WATER.

Press Release Investiture Ceremony Held in Shivalik Public School, Mohali

Date: July 26, 2019

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The whole ceremony was attended by the students and the

teachers of the junior school where they saw these council members taking the oath. During the oath taking ceremony, the students held lit candles and solemn and serene ambience prevailed. It was the ceremony where the respected Director felicitated the leadership role in the students by appointing leaders to preserve the discipline and decorum of the school. The Head Boy, ANGAD PRATAP, was handed over the school flag and Head Girl, KHUSHDEEP KAUR passed on the light of knowledge to each council member with the purpose to keep the flag elevated and the flame shimmering. The other school appointees are Activity Leaders GIRL-LIZZA and Activity Leaders BOY-AYUSH SHARMA, Sports Leader GIRL-SUMRITA and Sports Leader BOY -GURVIR, Art/Craft Leader Girl-Kamaljeet Kaur and Art/Craft Leader Boy-Navkaran singh. This was followed by oath taking ceremony for the various prestigious posts for the four Houses viz. Pratap, Azad, Ranjit and Subhash. Krishna and Mishthi (Pratap House), Abhinav and Saanvi (Azad House), Sushant and Hasirat (Ranjit House), Saksham and Hunardeepkaur (Subhash House) were sworn in as House Captains for the four houses respectively.

Apart from this, Mr. DS Bedi, Hon'ble Director of the school gave his thought provoking speech about leadership in front of the students to achieve greater heights in their lives. He congratulated them and reminded them of their duties once again.

Indeed it was a Royal Ceremony at Shivalik Public School, Mohali depicting a new model of leadership among the students of the nation.

Press release of Independence day

Shivalik Public School celebrated the 73rd Independence Day of India with patriotic zeal, fervour and exhilaration. The school campus, adorned with national flag, presented a euphoric ambience. At the very onset Director Mr.D.S.Bedi, hoisted the tri color amidst strains of National Anthem and took ceremonial salute at the March Past in the playground. All the students marched every inch



towards perfection personifying their march towards success. Thereafter the cultural celebrations shifted to the spruced up and decked up school auditorium. The auditorium was gladdened with the high-spirited stage



performances delivered by the students . Furthermore, The colorful bonanza consisted of speeches, group songs, poems, mime, dances and skits which replicated the struggle and contribution made by our National heroes to earn India's sovereignty and Home-rule. Skits and role-plays lent a rip-roaring flavor whereas literary items reflected the feelings in a sought after yet

relevant manner. Patriotic group songs and dances were also show cased. Everyone seemed to be swaying in the mixed emotions of joy, hope and pride. NCC contingent of the Shivalik students and the Sammi Dance contingent brought laurels to the school as they showcased impressive performance at the District Level Independence Day Celebrations organized at the Govt. College, Phase-6, Mohali. They were bestowed with the commendations and the trophy. Shivalik students kept everyone attuned and grooving to the patriotic rhythm. Director, Shivalik Public Schools, Mr.D.S. Bedi commended the combined efforts of the students and teachers for presenting the wonderful show and emphasized the need of maintaining peace and communal harmony in the nation. The function which was a huge success ended with the singing of the National Anthem and distribution of sweets among the students.

Science Exhibition

To instill the scientific temperament among the students, an exhibition for the subject Science for classes VI to X was organized in Shivalik Public School, Mohali. It was a great platform for the students to showcase their hidden talent. Revered Director, Mr. D.S. Bedi inaugurated the exhibition along with Dr. K.S. Baath, Principal Scientist, DST Punjab and Dr. B.S. Sooch, Associate professor, Punjabi University Patiala. Students displayed their working models on themes like Nature conservation, technological advancement in various areas. The Principal of the school, Ms. Anupkiran Kaur encouraged the students for their efforts. The best exhibits were awarded with the prizes. The best models are:



Class VI- Nachiket Pathania (Conservation of Energy)

Class VII- Jiya (Smart Home)

Class VIII- Ayush Sharma, Ayush Bhardwaj, Gagan (Chandrayaan 2)

Class IX - Abhi (Obstacle avoiding Car)

Class X - Sahil, Harjasuday (Piezoelectric Shoes)

Exhibition was a great success to create awareness and practical knowledge among the students.

Shivalik Public School, Mohali

Shivalik Public School, Phase 6 Mohali celebrated National Sports day to commemorate the birth anniversary of hockey wizard Major Dhyani Chand on



the

August

29,2019 to inculcate and develop the spirit of enthusiasm ,sportsmanship, comradeship and team work. Various ,activities and competitions were conducted which included Badminton, Hockey, Football, Carrom , Chess. Students actively participated in the competitions. On the occasion of National sports day under the "FIT INDIA MOVEMENT" launched by the Prime Minister ,the students were encouraged to develop a fit and healthy nation, as they pledged to indulge in sports and physical activities. Students were divided into three groups classes III-V and VI-VIII and their results are as follows:

Classes VI-VIII

**NATIONAL SPORTS DAY
INTER SECTION COMPETITION(CARROM)**

GIRLS			BOYS		
SNO	NAME	CLASS	NAME	CLASS-SEC	POSITION
1	JANNAT BRAMTA	6-B	PARMINDER SINGH	6-B	Ist
2	MANNT KAUR	6-C	CHINTAN VIJAN	6-B	IIInd
3	HARSIRJAN KAUR	6-C	SAHIB SINGH	6-M	IIIrd
1	KHUSHI	7-M	KRISHNA	7-B	Ist
2	NISHITA	7-B	HUZAIR	7-B	IIInd
3	JASMEEN	7-A	SHUBHNEET	7-S	IIIrd
1	IQWINDER	8-B	HARMANDEEP	8-S	Ist
2	ANUSHKA MATHUR	8-A	HARMAN	8-A	IIInd
3	JASLEEN	8-S	JASKANWAR	8-B	IIIInd
	BADMINTON GIRLS				
POSITI.	NAME	CLASS-SEC			
1	SUMRITA SINGH	8-M	Ist		
2	NESYA RAJ SINGH	8-S	IIInd		
3	DIVNAIN KAUR	8-A	IIIrd		

CHESS VI TO VIII (BOYS)

S.NO	NAME	CLASS-SEC	POSITION
1	OM	VI A	Ist
2	SAHIB SINGH	VI M	IIInd
3	MEET AGGARWAL	VI B	IIIrd
1	GUNINDER SINGH	VII M	Ist
2	AMANPREET SINGH	VII M	IIInd
3	SAHIB SINGH	VII S	IIIrd

1	AYUSH	VIII S	Ist
2	HARMANDEEP SINGH	VIIIA	IIInd
3	JASKARAN SINGH	VIII B	IIIInd

FootBall:- Pratap House won the match

Winners are as follows:-

SAQLANE SAJID-VIII S	SAHIB SINGH-VI M	AKASHDEEP-VIII M
HUZAIR-VII B	PARMINDER-VI B	ARYA-VI B
KRISHNA SHARMA-VII S	SAKSHAM-VII S	SWASTIK-VIII A
HARMAN-VII B	NAVNEET-VIII S	

III-V

CARROM

SNO	BOYS	CLASS	POSITION	GIRLS	CLASS	POSITION
1	JASKIRAT	III B	IST	PRACHI	III B	IST
2	SEHAJ	III M	II ND	PALAK	III M	II ND
3	ANAHAD	III S	III RD	TANNOOR	III S	III RD
4	DIYANSH	IV M	IST	AVNEET	IV A	IST
5	AYUSH	IV A	II ND	ADVIKA	IV A	II ND
6	HIMANSHU	IV A	III RD	ISHITA	IV S	III RD
7	SAURAV	VB	IST	GAGAN	V M	IST
8	GAURAV	V B	II ND	GURKIRAT	V A	II ND
9	JATIN	V S	III RD	ADITI	V M	III RD

BADMINTON TOURNAMENT

1	KARAN	IV C	IST	PRABHLEEN	IV A	IST
2	ANIKET	IV S	II ND	AVNI	IV M	II ND
3	ANSHVEER	IV S	III RD	EKAMJOT	IV M	III RD

4	HARSH	V M	IST	PREETIKA	VB	IST
5	PIYUSH	V B	II ND	SHURTI	VM	II ND
6	ARYAN	V B	III RD	RAMAN	V M	III RD

CHESS

1	KAMALJOT SINGH	V S	IST
2	ANSHIT	V M	II ND
3	TARUN	V M	III RD

INTER HOUSE HOCKEY TOURNAMENT (BOYS)

HOCKEY WINNERS-PRATAP HOUSE

1	DEVANSHU
2	AMANDEEP SINGH
3	ROHIT
4	NAVKARAN
5	PARTH
6	MANJINDER SINGH
7	SANDEEP
8	YUVRAJ