

Annual Sports Day 2024 – Shivalik Public School, Mohali

Mohali, 14th November 2024: Shivalik Public School, Mohali, celebrated its Annual Sports Day on November 14th, 2024, with vibrant enthusiasm on the school's sports ground. The event



was graced by the distinguished Chief Guest, Dr. (Ms)Gurkiranjeet Nalwa, Guest of honour Dr. Jyoti Soni principal Shivalik Institute of Education and Research , Principal Shivalik Public School Mohali , Dr. (Ms)Anupkiran Kaur.



The day's festivities began with a warm Welcome Address, setting an inspiring tone for the event, followed by the Badge Ceremony. A highlight of the opening ceremony was when revered principal Dr. (Ms)Gurkiranjeet



Nalwa officially declared the sports meet open, granting permission for the cadets to initiate the March Past. Led by the students of Class X, the March Past was executed with outstanding coordination and spirit. The Oath Ceremony further emphasized the values of

sportsmanship, followed by the symbolic Passing of the Torch.

Once the games were declared open, students showcased various performances, with the boys of Class IX demonstrating impressive agility through a Mass P.T. drill, and the girls captivating the audience with a lively Hula Hoop display.

The sports events were diverse and engaging, designed to foster healthy competition among the students. Senior boys participated in the 200m race, Ball Throw, Long Jump, and an exciting 4x100m Relay. Meanwhile, the girls exhibited their skills in the 100m race finals, Shuttle Run, Skipping Rope contests, and the 4x50m Relay.

Adding to the excitement, teachers participated in a spirited Musical Chair competition, contributing to the day's lively atmosphere. The event concluded with a Medal Ceremony, celebrating the dedication and accomplishments of the students, followed by the National Anthem, which filled the audience with pride and unity.

Principal of the school Dr(Ms)Anupkiran Kaur emphasized the importance of sports in a holistic education, fostering physical fitness, mental acuity, and overall well-being among the students.