

SHIVALIK TIMES

JULY-SEPTEMBER, 2024



FROM THE DIRECTOR'S DESK



Mrs. Satwant Kaur Bedi

Since the dawn of civilization, education has been the cornerstone of progress and empowerment. Universal access to education is vital, as its absence limits both individual potential and societal advancement. Shivalik Public School, over the years, has diligently upheld its commitment to providing a rigorous academic foundation, crucial for fostering the intellectual and holistic growth of our students.

Yet, education is about more than acquiring knowledge—it's about shaping individuals and nurturing integrity. It empowers people to fulfill their responsibilities toward society. True education should inspire human values such as compassion, tolerance, discipline, and open-mindedness, while preserving the cultural heritage that must be passed to future generations. It should integrate the wisdom of the past, the realities of the present, and the aspirations of the future. As we celebrate 54 years of excellence, we continue to cultivate driven, empathetic young minds eager to contribute to the world's future. Our commitment remains steadfast: to provide a learning environment that fosters both academic achievement and personal growth.

In today's rapidly evolving world, where technology influences every aspect of our lives, education must evolve to prepare students for the complexities of the digital age. To excel in this global and technologically driven landscape, students need not only academic expertise but also a diverse set of skills. They must be adaptable, resilient, and creative thinkers. As educators, it is our responsibility to ensure they are equipped with the tools and experiences necessary to navigate and succeed in this ever-changing world.

FROM THE PRINCIPAL'S DESK



Dr. (Mrs.) Anupkiran Kaur

It is a privilege to address you today and share my heartfelt words of encouragement and appreciation.

To our students, you are the very essence of this institution. Your drive, curiosity, and hunger for learning inspire us all. Education is not merely about collecting knowledge—it is a journey of personal discovery, growth, and empowerment.

Grasp every opportunity that comes your way, challenge yourselves, and dare to dream without limits. Believe in your abilities, for within you lie the power to achieve greatness.

To our dear parents, you are our essential partners in shaping the bright futures of your children. Your unwavering support, guidance, and active involvement in their education play a vital role in their development. Thank you for entrusting us with their growth, both mentally and emotionally. Together, we will continue to provide the best possible learning experience.

As we strive toward excellence, let us remember the importance of cultivating a vibrant, 21st-century learning atmosphere. We are living in an era of tremendous advancements where technology and innovation are rapidly transforming our world. Our responsibility is to equip our students with the necessary skills, knowledge, and mindset to navigate these changes confidently.

As we embark on this journey, I want to reaffirm our institution's commitment to embracing new ideas, encouraging creativity, and fostering a spirit of collaboration. We will continue to invest in advanced resources and innovative technologies to enrich the learning environment and prepare our students for the challenges and opportunities ahead.

I urge each of you to remain resilient, adaptable, and open to new possibilities. Let's approach the future with courage, determination, and a shared pursuit of excellence. Together, we will create a learning environment that empowers our students to grow into lifelong learners, critical thinkers, and compassionate global citizens.

FROM THE VICE PRINCIPAL'S DESK



Dr. (Mrs.) Teena Chopra

I am honored to address you from my desk, expressing my deepest appreciation and encouragement.

Learning extends beyond traditional institutions; it is a lifelong pursuit. Our school is dedicated to fostering the holistic development of each child through diverse methods that adapt to the ever-changing world, while still striving toward shared goals.

In today's dynamic environment, adaptability and resilience are essential. We are committed to equipping our students with the skills they need to thrive. Through innovative teaching and experiential learning, we prepare them to meet modern challenges with confidence.

Our commitment to education goes beyond academic excellence. We promote critical thinking, creativity, and collaboration, with the ultimate goal of developing well-rounded individuals who can succeed in a variety of settings. By fostering a culture of inclusivity and respect, we ensure that every student's unique strengths contribute to the richness of our school community.

At the core of our educational philosophy is the belief in holistic development. We aim not only to impart knowledge but also to cultivate critical thinking, nurture creativity, and inspire a lifelong love of learning. Our curriculum upholds academic standards while encouraging personal growth and character development.

As we look to the future, I encourage everyone in our school community—students, parents, educators, and staff—to work together in the pursuit of excellence. Your contributions are vital to our collective success.

Let us stay committed to supporting one another on this journey toward growth and shared achievement. Together, we can build a brighter future for all.

EDITOR'S NOTE



It is a privilege to welcome you to the latest edition of our Newsletter. As we gather to reflect upon the achievements, stories, and the vibrant spirit of our school community, it is with immense pride and anticipation that we present the pages that follow.

In the ever-evolving field of education, our institution has consistently stood as a symbol of excellence and innovation. Within this edition, you will find a comprehensive overview of our school's core, where each day presents new challenges and successes. As we navigate the complexities of modern education, we remain fully committed to cultivating an environment where every student's potential is nurtured, and their aspirations are realized.

Our school is more than an educational institution; it is a community enriched by the dedication, passion, and dreams of our students, faculty, and staff. In this edition, we endeavor to encapsulate the essence of the School, highlighting both exceptional academic achievements and the diverse co-curricular activities that contribute to the holistic development of our students. We take great pride in showcasing academic excellence alongside artistic endeavors, athleticism, and community engagement, all of which form the foundation of our institution.

This newsletter also stands as a testament to the unwavering support of our parents, whose contributions are instrumental to the success of our students. Together, we continue to build a strong, inclusive, and supportive community that fosters the all-round growth of every child.

We invite you to pursue these pages, where you will encounter inspiring accounts of resilience, innovation, and collaboration. In this time of constant change and challenges, it is our shared dedication to education, growth, and compassion that defines our school and ensures our students are well-equipped for the future.

We extend our sincere gratitude for your continued support of our institution. As we embark on this collective journey, we look forward to celebrating our shared successes and anticipating even greater achievements in the future.

Warm regards

Ms. Harleen Kaur Kaler

EDITORIAL BOARD

Dear Shivalikians,

We are thrilled to present to you the latest edition of the Shivalik Public School, Mohali magazine! This publication is a testament to the dedication, creativity, and hard work of our students and faculty.

Within these pages, you will discover a rich tapestry of our school's vibrant life. From insightful articles and creative writing pieces to reports on school events and achievements, each contribution reflects the spirit and excellence that define Shivalik Public School.

This issue features special sections on the activities and special days celebrating the diverse talents and accomplishments of our students.

Thank you for your unwavering support. Happy reading!

Warm regards

The Editorial Board



**Ms. Opinder Kaur, Ms. Ramandeep Kaur, Ms. Neeru, Ms. Harleen Kaur Kaler,
Ms. Mamta Yadav, Ms. Deepshikha & Ms. Monika**

AWARD FOR EXCEPTIONAL LEADERSHIP

Dr. Anupkiran Kaur, Principal, Shivalik Public School, Phase 6, Mohali was honored with 'Award of Excellence' on Independence Day, 2024 at the District level Celebrations from the Honorable Education Minister, Punjab, S. Harjot Singh Bains and Deputy Commissioner, S.A.S. Nagar, Mrs. Aashika Jain held at Government College, Phase 6, Mohali, in recognition of her exceptional leadership and dedication to education.



ACHIEVEMENTS

“SUCCESS IS THE SUM OF SMALL EFFORTS- REPEATED DAY IN AND DAY OUT”- ROBERT COLLIER

Commemorating Kargil Vijay Diwas 2024

Mohali, July 27, 2024 – The NCC Cadets of Shivalik Public School, Phase-6, Mohali, actively participated in a series of activities to commemorate Kargil Vijay Diwas on July 25 and 26, 2024. This significant occasion was marked with various events held at GGS VM Ratwara Sahib and VPO Sialba Majri, organized by 3 PB(1) Coy, NCC, Ropar.

On July 25, at GGS VM Ratwara Sahib, the cadets engaged in the preparation of the wreath-laying plinth, displayed banners, participated in a poster-making competition, and took part in a tree plantation drive. A special screening of a Vijay Diwas movie was also arranged, allowing the cadets to reflect on the bravery and sacrifices of the soldiers.

At VPO Sialba Majri, the cadets honored the memory of Lieutenant Bikram Singh by cleaning his statue. The cadets paid tribute to Lieutenant Bikram Singh, ensuring that the legacy of the brave soldiers like him continues to inspire future generations. On July 26, two cadets, Radhika and Tripta, represented Shivalik Public School at GGSVM Ratwara Sahib for an art competition. The day's events included a wreath-laying ceremony, a brief description of the bravery of the martyred soldiers by the Commanding Officer, a poster-making competition, the announcement of results, and prize distribution. The event culminated with the NCC song and the singing of the national anthem. Notably, Radhika, a student of Class IX from Shivalik Public School, Phase 6, Mohali secured the first position in the poster-making competition, bringing pride to the school.

The principals of the participating institutions were also present at the ceremony on July 26, adding to the solemnity and significance of the occasion. The series of events successfully highlighted the valor and dedication of the soldiers who fought in the Kargil War, ensuring that their heroic deeds are remembered and honored.



Student Achievement

Name: Puranjay Sharma

Class: 10 B

School: Shivalik Public School, Mohali

Puranjay Sharma, a student of Class 10 B, has showcased remarkable talent and determination by winning consecutive gold medals in two prestigious Taekwondo competitions.

1. Taekwondo District Tournament

- Venue: Multipurpose Stadium, Sector 78, Mohali
- Date: August 27, 2024
- Category: Under 17, Over 78 kg
- Event: Kyorgi (Fight)
- Achievement: Gold Medal

Puranjay emerged victorious in the district-level interschool Taekwondo tournament, securing a gold medal in the Kyorgi fight category. His outstanding performance has earned him a spot in the upcoming state-level competition, representing Shivalik Public School.

2. Taekwondo Independence Cup

- Venue: Sports Complex, Sector 56, Chandigarh
- Date: September 1, 2024
- Category: Under 17, Over 78 kg
- Event: Kyorgi (Fight)
- Achievement: Gold Medal

Continuing his winning streak, Puranjay claimed another gold medal in the Taekwondo Independence Cup. His consistent performance in the Kyorgi fight category highlights his skill and dedication to the sport.

Puranjay's exceptional achievements bring great pride to Shivalik Public School, and we look forward to his continued success at the state level.



Sports Stars Shine Bright!

Our school's sports enthusiasts have done it again! Our talented students brought home an impressive haul of medals and trophies from the recent interschool volleyball competition, making us incredibly proud.



Navleen Kaur, a talented student of Class V, won the first prize in the "Best Out of Waste" competition organized by Gilco International School.

Her winning creation, a multifunctional storage cum seat, was ingeniously crafted from an old paint bucket, a discarded bedsheet, foam sheet, and Fevibond. Designed to store toys, books, and blankets, Navleen's innovative project exemplifies creativity and sustainability.

This remarkable achievement brings immense pride to Shivalik Public School and serves as an inspiration to her peers, demonstrating how imaginative ideas can be transformed into functional and eco-friendly solutions.



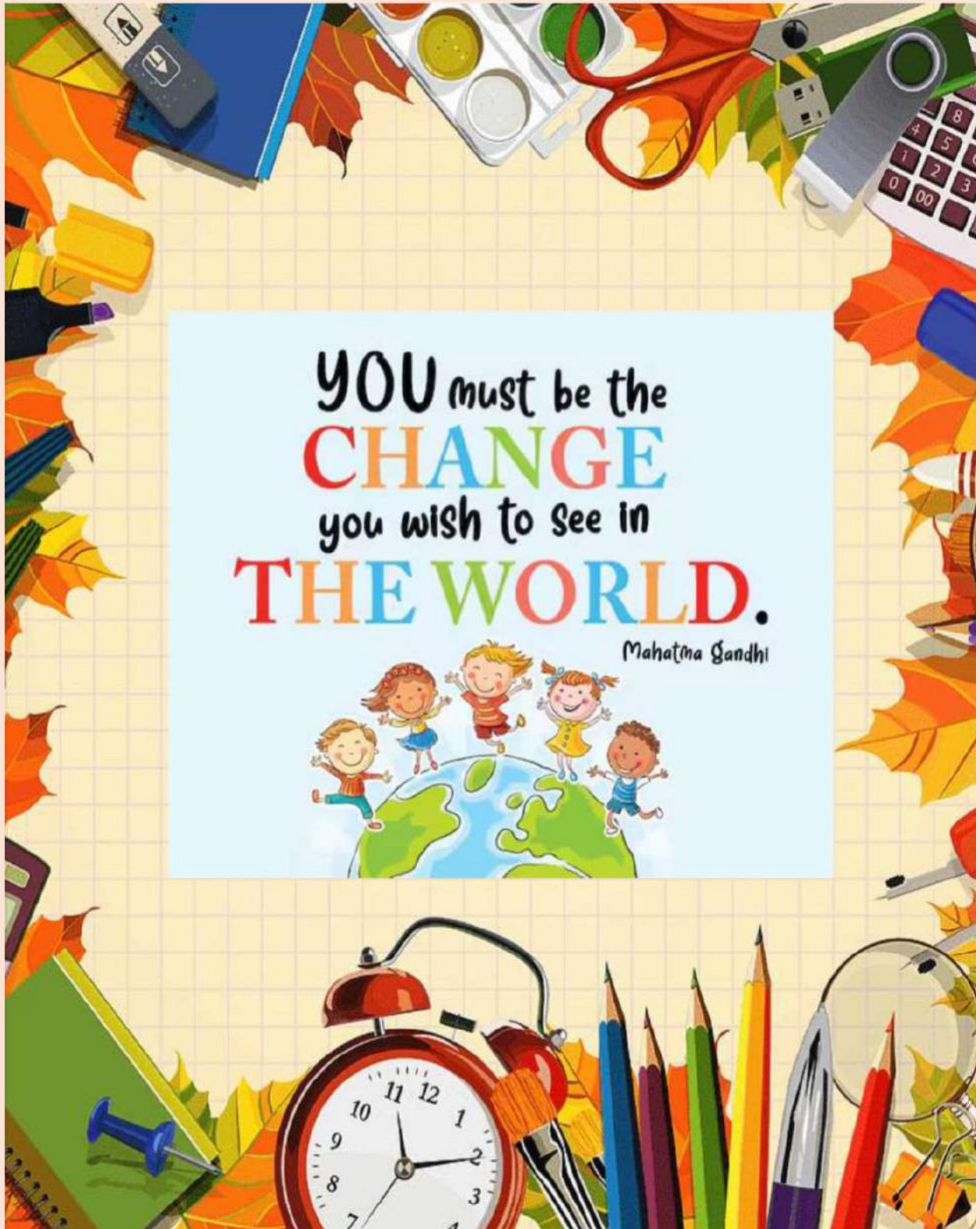
Garvit Guleria, a talented fifth -grade student, achieved the second prize in the Listen and Diary competition organized by The Knowledge Global School. The competition required participants to listen to an audio piece and subsequently craft a reflective diary entry. Garvit’s accomplishment not only brought pride to the school but also inspired his peers to aspire for similar achievements.



“OSHEEN” of class II (Vindhya) stood Ist in story telling competition organized by “ELYSIAN “ in The knowledge Global Sr. Sec School.



CLASSES IX-XII



SHIVALIK PUBLIC SCHOOL, MOHALI SWACHHTA PAKHWADA REPORT

AUGUST (2024-25)

(2nd September to 12th September 2024)

Overview

Swachhta Pakhwada, a government initiative aligned with the Swachh Bharat Mission, promotes cleanliness and sanitation. Launched on October 2, 2014, this campaign aims to achieve a clean India by 2019, the 150th anniversary of Mahatma Gandhi's birth. Shivalik Public School, under Principal Dr. Anupkiran Kaur, organized various activities to foster awareness of personal hygiene and public sanitation.

Day 1: Swachhta Pledge

Students and NSS volunteers took a pledge for cleanliness, fostering responsibility towards a healthier environment.



Day 2: Inaugural Day

The campaign commenced with awareness sessions led by NSS Programme Officer Ms. Prabhjot Kaur, emphasizing the importance of sanitation.



Day 3: Swachhta Awareness Day

An event focused on the environmental hazards of e-waste management, stressing the importance of cleanliness for health and development.



Day 4: Staff Room Cleanliness Drive

Students participated in cleaning the staff room and library, enhancing organization and promoting responsibility.



Day 5: Operation Plastic-Free

A plastic waste collection campaign encouraged sustainable practices, fostering environmental consciousness among students and staff.



Day 6: Spell Bee Competition

Held on World Literacy Day, this competition aimed to enhance vocabulary and language skills among students.



Day 7: Handwash Activity

An educational session taught proper handwashing techniques to promote hygiene and health.



Day 8: Visit to Compost Pit

NSS volunteers learned about composting as a sustainable waste management solution, observing its environmental benefits.



Day 9: Personal Hygiene Day

An interactive PPT by Ms. Aprajita covered essential aspects of personal hygiene, including hand, oral, and body hygiene.



Day 10: Awareness Campaign on Sanitary Napkin Disposal

An interactive workshop on the proper disposal of sanitary napkins using incineration machines was conducted, promoting responsible waste management.



NSS Events at Shivalik Public School, Mohali

1. International Youth Day (13th August 2024)

The NSS unit organized an event to promote sustainable practices among students. The day included an awareness drive on the theme “Nasha Mukta Abhiyan,” where students took a pledge to work towards a drug-free nation. Discussions on environmental challenges and the role of youth in sustainability empowered participants with actionable steps for a greener future.



2. Har Ghar Tiranga Initiative (15th August 2024):

A special assembly was held under the “Har Ghar Tiranga” campaign to celebrate Azadi Ka Amrit Mahotsav. Students were encouraged to hoist the National Flag, instilling patriotism and a sense of national pride.



3. Sadbhavana Diwas (20th August 2024):

On the 80th birth anniversary of former Prime Minister Rajiv Gandhi, the NSS volunteers conducted sessions on the significance of Sadbhavana Diwas. Interactive presentations and discussions highlighted the importance of national integration, peace, and harmony.

4. NCC Sports Event at Sports Academy, Ropar

NCC students actively participated in a sports activity held at the Sports Academy, Ropar. The event featured a range of physical challenges. The cadets demonstrated excellent teamwork and leadership earning praise from the organizers.



Cyber Safety Workshop at Shivalik Public School

On 11th September 2024, a workshop was conducted at Shivalik Public School, Phase 6, Mohali, to educate students on online safety. They gained awareness of cyber threats and learned how to navigate the internet safely.

Swachhta Hi Sewa Hai

Date: 24th September 2024

NSS volunteers from Shivalik Public School phase 6, Mohali organized a rally in Daun village under the theme “Swachhta Hi Sewa Hai,” spreading awareness about the significance of cleanliness. The rally, led by dedicated volunteers, featured motivational slogans and banners, urging the community to follow proper waste management and sanitation practices. The volunteers demonstrated effective waste disposal methods and emphasized the role of cleanliness in ensuring better health.

The initiative was guided by teachers in motivating the students to actively participate. The event concluded with a community cleaning activity, reinforcing the message that cleanliness is a shared responsibility.

The rally received a positive response from the villagers, successfully promoting the Swachh Bharat mission and highlighting the power of community-driven change.



Indian Institute of Science Education and Research (IISER)

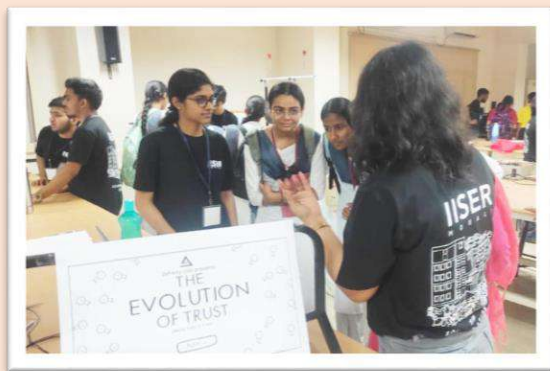
Date: September 27, 2024

A group of 21 students from Shivalik Public School, phase 6, Mohali Class XI had the privilege of visiting the prestigious Indian Institute of Science Education and Research (IISER) on an educational exposure trip. The visit was organized to provide students with a comprehensive and enriching experience in various fields of science and technology, including physics, chemistry, biology, mathematics, and robotics.

Throughout the day, students engaged in interactive demonstrations, participated in academic competitions, and had the opportunity to witness cutting-edge research firsthand. The visit was an informative and inspiring experience, offering hands-on exposure to scientific experiments and innovations.

The students' interactions with IISER researchers were especially impactful, broadening their understanding of the vast possibilities within the world of science. Many expressed a newfound enthusiasm for pursuing careers in science and technology.

This educational trip has significantly boosted the students' interest in scientific learning, leaving them motivated to explore these fields further in their academic journeys.



Teaching Learning Material activities of “Shiksha Saptah”

On the inaugural day of “Shiksha Saptah” at Shivalik Public School, Phase 6, Mohali, students enthusiastically engaged in a variety of Teaching Learning Materials (TLM) activities across different grade levels. The event aimed to enhance learning through interactive and creative methods, fostering a deeper understanding of subjects among students. In classes 11th and 12th, students participated in creating impactful posters with slogans focused on water conservation and community services. These activities encouraged students to reflect on environment responsibility and social awareness. Overall, the first day of “Shiksha Saptah” was resounding success with various TLM activities.



On the second day, FLN was marked by a series of engaging and educational activities across different classes. In classes 9th and 10th students read and listen to stories and then express them through different format such as drawings, skits and written compositions. The activities were well received and provided student with an opportunity to improve their literacy and narrative skills in an engaging manner. Overall FLN day was a successful and enriching experience for all participants.



Day three of Shiksha Sapta, Educational Week, Indigenous Games, with favour hosting a sports day that saw active participation from such students spanning nursery to 12th grade. The event featured wide array of games and activities, both traditional and contemporary. From grade 6th to 12th have some snapshot of day's highlights: Chess, Carrom, Kho Kho, Singal Leg Chess, Dodge Ball, Yoga, Chorus Game, Steppo, Gutte, Pitthu Carom, Lagori, Seven Stone.



On day five of “Shiksha Saptah”, students engaged in a variety of skilling day activities. For senior students in classes 11 and 12, the day was filled with enriching experiences. They attended a session on financial literacy equipping them with essential knowledge about managing finance effectively. Additionally, they visited the school's herbal garden where they learnt about the various medicinal plants and their uses. To further enhance their practical skills, they attended an informative talk on first day which covered basic emergency response techniques.

Day 6 celebrated as Eco Clubs for Mission Life Day with fervor. The event was conducted to support Sustainable Development and Living. Active participation of students spanning from nursery to 12th grade. All the activities were carried out to mark Nature's Conversation Day. Grade 9-12 have done cleanliness drive by members of Eco Club, talk on Nature, Conservation, Visit to Compost Pit.

The 7th day of “Siksha Saptah” was dedicated to Community Involvement Day. Students across various grades participated in activities designed to foster a sense of gratitude, creativity, and community spirit. For classes 9th and 10th, the focus was on posters and chart-making with topics such as empowering future leaders and innovative classrooms. These projects allowed students to visually convey their thoughts on how community enrollment can empower and inspire the next generation of leaders and enhance their learning environment. The senior students in Classes 11 and 12 prepared PowerPoint presentations on the Vidyanjali program. This activity provided an opportunity for them to delve into the details of the program and presentations. Present their findings, promoting digital disclosures and presentations.

Shivalik Public School, Mohali celebrates India's Sovereignty and Integrity

Shivalik Public School, Mohali celebrated the 78th Independence Day of India with great zeal and enthusiasm. Students were filled with patriotic fervour. The celebration commenced with the flag-hoisting ceremony where the unfurling of the National Flag was followed by the National Anthem and Patriotic song that awakened everyone's feelings towards the Mother Land. Through their serenade, they declared to be willing to sacrifice everything for their nation and rejoiced in the unity that continued to exist despite their diversity.

In the school Auditorium, glimpses of the glory and freedom struggle of India were presented through a plethora of performances. This rekindled the spirit of nationalism in every heart. The students, dressed in the vibrant colours of the nation - green, white and saffron displayed the distinguished ardour in their performances.

Furthermore, the colorful bonanza consisted of speeches, group songs, poems, solo performances, dances and skits which replicated the struggle and contribution made by our National heroes to earn India's sovereignty and Home-rule. Skits and role-plays lent a rip-roaring flavor whereas literary items reflected the feelings in a sought after yet relevant manner.



Patriotic group songs and dances were also showcased. Shivalikian seemed to be swaying in the mixed emotions of joy, hope and pride. NCC contingent of the Shivalik students brought laurels to the school as they showcased impressive performance at the District Level Independence Day Celebrations organized at the Govt. College, Phase-6, Mohali. They were bestowed with the commendations. Shivalik students kept everyone attuned and grooving to the patriotic rhythm. Principal, Shivalik Public School, Dr. (Mrs) Anupkiran Kaur commended the combined efforts of the students and teachers for presenting the wonderful show and emphasized the need of maintaining peace and communal harmony in the nation. The function which was a huge success ended with the singing of the National Anthem and distribution of sweets amongst the students.

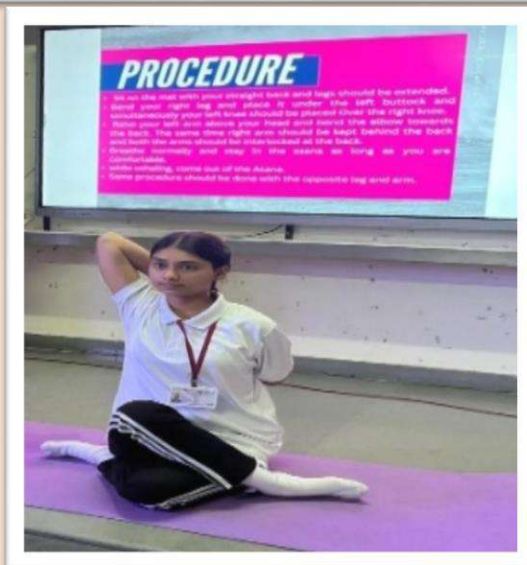
Shivalik Public School, Mohali hosted an engaging series of academic Demonstrations

Mohali, August 13, 2024 – Shivalik Public School, Phase 6 Mohali, hosted an engaging series of academic demonstrations on August 13th and 14th, 2024, featuring the talents of students of Class 10. The event was designed to provide students with a platform to exhibit their academic knowledge, creativity, and public speaking skills. The program began with the School Shabad and prayer, creating a reflective atmosphere. Each section then presented a range of topics across various subjects. Highlights included English role play on the poem "The Return of the Ball," where students brought the curriculum textbooks to life through dramatizations and group discussions. Hindi presentations featured a retelling of "Harihar Kaka" and a recitation of "Kabir Sakhi," from the textbooks while Punjabi students captivated the audience with a play on "Ghar Da Pyaar" and traditional "ਬੋਲੀ."



In the Mathematics segment, students demonstrated their understanding of complex topics such as Linear Equations, Probability, and Quadratic Equations through interactive presentations. The Science presentations were equally impressive, with students conducting experiments on Reflection and Refraction in Physics and showcasing chemical reactions in Chemistry. Social Science presentations included skits on historical movements and discussions on economic activities, further enriching the educational experience.

The event also featured special segments, including moral stories that conveyed important life lessons and a counselor's talk on self-awareness by Ms. Saireema, which encouraged students to reflect on their personal development. The event concluded with a heartfelt vote of thanks by the Principal, acknowledging the hard work of students, teachers, and parents. As a token of gratitude, parents were presented with saplings, symbolizing the school's appreciation and its commitment to nurturing both the students and the environment.



Van Mahotsav 2024

Shivalik Public School, Phase 6, Mohali, celebrated Van Mahotsav with great enthusiasm and commitment to promoting environmental awareness. The event, held on 30 July, 2024, aimed to educate students and the community about the importance of trees and the dire need to protect our environment.

The highlight of the celebration was the presence of the esteemed author, Manmohan Singh Daun, who graced the occasion as the chief guest. Mr. Daun, known for his extensive work on emphasizing the significance of trees in maintaining ecological balance and the critical role each individual plays in environmental protection.



In his inspiring speech, Mr. Daun discussed the multifaceted benefits of trees, including their role in purifying the air, conserving water, preserving soil, and supporting wildlife. He also shared anecdotes from his life, highlighting the transformative power of tree planting and conservation efforts. His words resonated deeply with the audience, fostering a renewed sense of responsibility towards nature.

The enthusiasm and dedication shown by the Shivalik Public School community serve as a testament to the growing awareness and commitment towards creating a greener and healthier planet.

Shivalik Public School, Mohali, Celebrates Teachers' Day with Enthusiasm



Mohali, September 7, 2024: Shivalik Public School, Mohali, observed Teachers' Day with a grand celebration to honor the invaluable contributions of educators. The event was marked by a series of heartfelt tributes and performances, showcasing the deep respect and gratitude the students and staff hold for their teachers. The program commenced with the School Shabad, followed by a floral welcome and the ceremonial lighting of the lamp, symbolizing the illumination of knowledge. Special tributes were paid to the school's esteemed Director, Mr. DS Bedi by Dr. Teena Chopra, Dr. Onkar Singh and Ms. Jaspreet Kaur, acknowledging their tireless efforts and visionary leadership in shaping the institution. A touching biography of Dr. S. Radhakrishnan, the former President of India and an inspirational teacher, was presented by Ms. Navita, emphasizing the legacy of this great educator.

The speeches that followed focused on the evolving role of teachers in the modern world. Ms. Opinder reflected on the '21st Century Teacher', highlighting the dynamic changes in education, while Ms. Tanya spoke about the 'Student-Teacher Relationship' and its impact on holistic learning. Ms. Mitali delved into 'Embracing the Evolution of Teaching in Today's Era', focusing on adapting to new-age teaching methodologies, and Ms. Saireema offered advice on 'Self-Care for Teachers', stressing the importance of mental and physical well-being for educators. Ms. Harneet presented on the 'Role of Teachers in Students' Lives', emphasizing the significant influence teachers have on shaping futures.

The cultural aspect of the event featured a melodious Folk Song by Ms. Amandeep and Ms. Harpreet, followed by another beautiful folk rendition by Ms. Vasudha. A thought-provoking presentation titled 'The Perfect Teacher' was

delivered by Dr. Gunwant Kaur Brar, offering an inspiring perspective on the qualities of an ideal educator. The event culminated with a pledge, reaffirming the school's commitment to nurturing future generations. The Guest of Honour, Dr. Gurkiranjit Nalwa, Principal of Shivalik Public School, Sector 41, Chandigarh, delivered an inspiring address, appreciating the dedication of teachers in fostering young minds.

The ceremony concluded with the singing of the National Anthem, bringing the celebration to a close. Shivalik Public School remains committed to providing quality education while valuing the dedication and hard work of its teachers, who continue to guide students toward success and excellence.



EXPRESSIONS

Expressions



Manjot Kaur Class- IX



Radhika Class- IX



Avantika Class- IX



Sahaj Mathur Class- X



Aditya Class- IX



Dikash Class- IX

“Victory with Determination: The Spirit of Shivalikians”



“Success is not final, failure is not fatal: It is the courage to continue that counts.”

This quote reflects the resilience and persistence that Shivalikians are encouraged to develop. Victory is not just about winning but about the continuous effort to overcome challenges.

“The difference between the impossible and the possible lies in a person’s determination.”

This emphasizes that with enough determination, even the toughest challenges can be conquered, a

lesson that Shivalik Public School instills in its students.

“Victory is always possible for the person who refuses to stop fighting.”

- Shivalikians are taught that real victory comes to those who never give up, reinforcing the idea that perseverance leads to success.

“It’s not whether you get knocked down, it’s whether you get up.”

- Reflecting the importance of resilience, this quote encourages students to rise after every setback, a key aspect of the school’s focus on determination.

“A dream doesn’t become reality through magic; it takes sweat, determination, and hard work.”

Shivalik Public School instills in its students that victory, whether in academics or life, is achieved through hard work and focused effort.

Ms Pooja Piplani

Coordinator (Classes IX-XII)

CLASSES VI-VIII



“

**Work hard,
be kind, and
amazing things
will happen.”**

WORLD POPULATION DAY

“There can’t be more people on the earth than we can feed.”

World Population Day is observed annually to raise awareness of the challenges linked to global population growth.

Marking World Population Day, our students in Grades VI and VIII engaged in thought-provoking activities to raise awareness about the impact of global population growth. Through slogan writing, essay writing, and poster-making competitions, they explored the challenges and solutions related to population growth, fostering a sense of responsibility and global citizenship."



SHIKSHA SAPTAH CELEBRATION

Shiksha Saptah aims to foster a spirit of collaboration and innovation among learners, educators, policymakers, and stakeholders in the education sector. It provides a platform to share best practices, discuss challenges, and chart a path forward towards realising the vision outlined in the NEP 2020 at grassroot levels. This event was organised under the ambit of the Ministry of Education, Govt. of India, aim to present a common platform to resonate and live the spirit of achievements gained over the last four years of NEP 2020 implementation.

As part of Shiksha Saptah, a week-long observance, our school marked a series of important days, one for each day of the week, to promote awareness and engagement among students."

Day 1: TLM (Teaching Learning Material)

- Encouraging teachers to showcase TLM based on local context and use it in the Teaching Learning process

Day 2: FLN Day-

Generating greater awareness among all stakeholders for successful implementation of NIPUN/FLN Mission

Day 3: Sports Day

Organised sports competitions to highlight the significance of sports and fitness amongst learners.

Day 4: Cultural Day

-Special cultural day was organised for inculcating a sense of unity and diversity among students.

Day 5: Skilling and Digital initiatives Day

Skill Education for Building a Competent and Competitive Workforce.

Day 6: Eco Clubs for Mission Life

Day 7: Community involvement Day

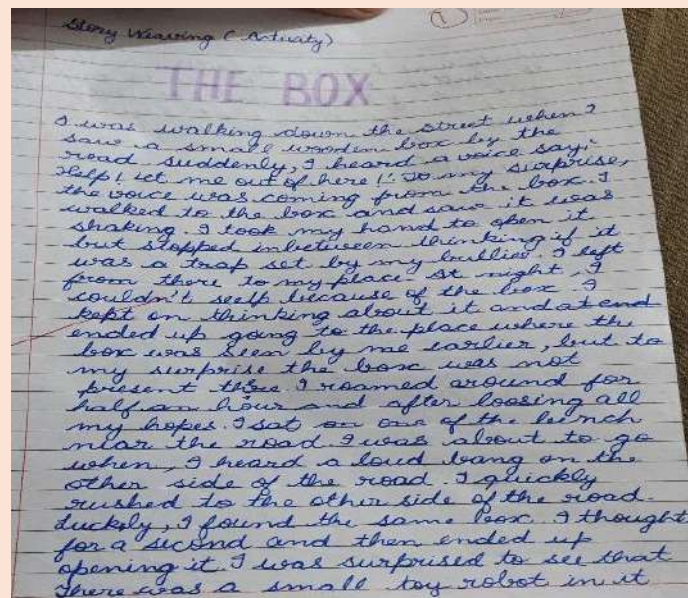


NATIONAL LIBRARY DAY

“Libraries are the living memory of mankind.”

National Library Day is celebrated annually in India on August 12th in honor of the birth anniversary of Dr. S.R. Ranganathan, who made significant contributions to the field of library science and is known as the 'Father of Library Science.'

To commemorate the occasion, the school organized an inter-class competition for students in Classes VI to VIII. Class VI showcased their literary skills by crafting biographies of renowned authors and writers, while Class VII and VIII demonstrated their creativity through a Story Weaving activity."



INDEPENDENCE DAY CELEBRATION

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NCC contingent of the Shivalik students brought laurels to the school as they showcased impressive performance at the District Level Independence Day Celebrations organized at the Govt. College, Phase-6, Mohali. They were bestowed with the commendations. Shivalik students kept everyone attuned and grooving to the patriotic rhythm. The function which was a huge success ended with the singing of the National Anthem and distribution of sweets amongst the students.



RAKHI CELEBRATION

“Raksha Bandhan is a celebration of the unconditional love and bond between siblings. It's a reminder of the importance of family and relationships in our lives.”

Raksha Bandhan, a traditional Indian festival, was celebrated with great enthusiasm and fervor at Shivalik Public School. The festival commemorates the special bond between brothers and sisters, symbolizing love, care, and protection.

Students from classes VI-VIII unleashed their creativity in a colorful Rakhi-making competition, which comprised three exciting activities:

*Rakhi-making: Designing and crafting unique Rakhis

*Rakhi Thali Decoration: Adorning thalis with festive flair.

*Rakhi Card Making: Crafting heartfelt cards with thoughtful messages.

This tri-fold competition allowed students to express their imagination and skill, making the celebration even more special."



NATIONAL SPACE DAY

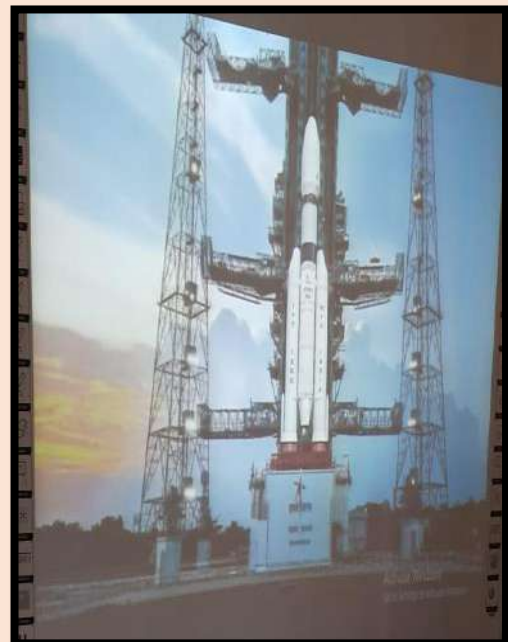
The school proudly celebrated National Space Day on August 24, 2024 with Educational Activities in honor of India's Chandrayaan-3 mission's success. The school organized a series of interactive and educational activities under the theme "Touching Lives While Touching the Moon: India's Space Saga."

As part of the celebration, students participated in various activities including quizzes, creating picture books, and making posters about India's space missions. Additionally, they wrote essays on the contributions of Indian space scientists A.P.J. Abdul Kalam and U.R. Rao.

To enhance the students' understanding and engagement, the school also screened a video uploaded by NCERT. This video, focusing on the theme "Launching of the Moon," provided an insightful overview of the Chandrayaan mission, including detailed animations of the launch sequence, journey to the Moon, and key scientific discoveries. The video served as a valuable educational resource, complementing the day's activities and sparking further interest in space exploration among students.

Principal Dr. Anupkiran Kaur emphasized the importance of these initiatives in inspiring students and fostering a love for science and exploration. "Celebrating National Space Day helps our students connect with India's proud history in space exploration and encourages them to dream big," she said.

Parents are encouraged to support their children's participation in such educational events and to explore the fascinating world of space science.



CELEBRATION OF TEEJ FESTIVAL

On the auspicious occasion of Teej festival, the school celebrated with immense enthusiasm and fervor. The festival, which marks the union of Lord Shiva and Goddess Parvati, was brought to life by our students, who adorned themselves in vibrant traditional attire. The celebration featured various cultural performances by the students, including folk dance, 'Giddha' and display of traditional Punjabi heritage items such as 'Phulkari', 'Charkha', 'Pakhiyan', and 'Peenghan'.

Through this celebration, our school aimed to not only revel in the festive spirit but also to educate and sensitize our students about the rich cultural heritage and traditions that Teej embodies."



NATIONAL SPORTS DAY WEEK

The school proudly celebrated National Sports Day Week from August 22nd to August 29th, commemorating the birth anniversary of the legendary hockey player, Major Dhyan Chand.

Highlights of the week:

Organised tournaments in various sports like handball, football, basketball, volleyball, carrom, Chess

INTER-SECTION BADMINTON MATCH(VI-VIII) BOYS		
POSITION	STUDENT NAME	CLASS/SECTION
I	SHREYANSH	VI S
II	GURMANBEER SINGH	VI A
III	ROHAN GUPTA	VI A
I	SONIT SAMIR	VII B
II	HITEN	VII B
III	VIRAJ CHAUDHARY	VII M
I	PARASPREET SINGH	VIII S
II	VIRAT	VIII S
III	RUDRA PRATAP SHARMA	VIII B
INTER-SECTION BADMINTON MATCH(VI-VIII) GIRLS		
POSITION	STUDENT NAME	CLASS/SECTION
I	AVNI BHARDWAJ	VI M
II	HARNOOR KAUR	VI M
III	LOVELY	VI A
I	HARSIRAT KAUR	VII M
II	ANIKA MISHRA	VII A
III	SEJAL NEGI	VII A
I	JASLEEN KAUR	VIII S
II	KAVYA PARBAGGA	VIII A
III	PALAK DHIMAN	VIII M



INTER-SECTION CARROM MATCH(BOYS)		
	CLASS VII	
POSITION	STUDENT NAME	CLASS/SECTION
I	FATEHVEER	VI C
II	SHAURYA GUPTA	VI M
III	YASHMIT RANA	VI B
I	JASKARAN SINGH	VII C
II	VIRAJ CHAUDHARY	VII M
III	AKSHAT KAUSHAL	VII C
I	HARSH	VIII A
II	SAKSHIT	VIII B
III	ARSHIT CHAUDHARY	VIII A
INTER-SECTION CARROM MATCH(GIRLS)		
POSITION	STUDENT NAME	CLASS/SECTION
I	MANSI	VI S
II	YASHIKA MEHRA	VI A
III	GURSHAGAN KAUR	VI M
I	EKNOOR KAUR	VII A
II	HARSIRAT KAUR	VII M
III	BHAVYA JASWAL	VII B
I	HARSHDEEP KAUR	VIII B
II	PALAK DHIMAN	VIII M
III	TANNOR SUDAN	VIII S



	INTER-SECTION CHESS MATCH(GIRLS)	
POSITION	STUDENT NAME	CLASS/SECTION
I	MANNAT KANWAR	VI
II	VRINDA GANDHI	VI
III	NISHIKA THAKUR	VI
I	SANKUL	VII
II	KASHISH VERMA	VII
III	BHAVYA JASWAL	VII
I	MANNAT SHARMA	VIII
II	YASHWANI SONI	VIII

	INTER-SECTION CHESS MATCH(BOYS)	
POSITION	STUDENT NAME	CLASS/SECTION
I	SHAURYA GUPTA	VI
II	ANUBHAV KANTORE	VI
III	GOPAL JAIN	VI
I	PRAJWAL SINGH	VII
II	AVJEET SINGH	VII
III	SARTAJ SINGH	VII

I	SEHAJ ARORA	VIII
II	DAKSH SINGH	VIII
III	DIVYAM BHARDWAJ	VIII



Football Match (UT 14,17) (BOYS)



SWACHHATA PAKHWADA

“Clean School, Green School”

The school observed Swachhata Pakhwada from 1st September-15th September, a two-week long cleanliness drive initiated by the Government of India. The aim was to promote cleanliness, hygiene, and environmental awareness among our students, staff, and community.

Highlights of the event:

Poster Making and Slogan Writing: Students showcased their creativity by making posters and writing slogans on cleanliness and hygiene.



Lecture on personal hygiene: A renowned environmentalist spoke to our students about the importance of cleanliness and waste management.



Swachhata Pledge: The entire school community took a pledge to maintain cleanliness and hygiene in their daily lives.



EXPRESSIONS



Krishti Class- VII



Asreet Kaur Class- VII



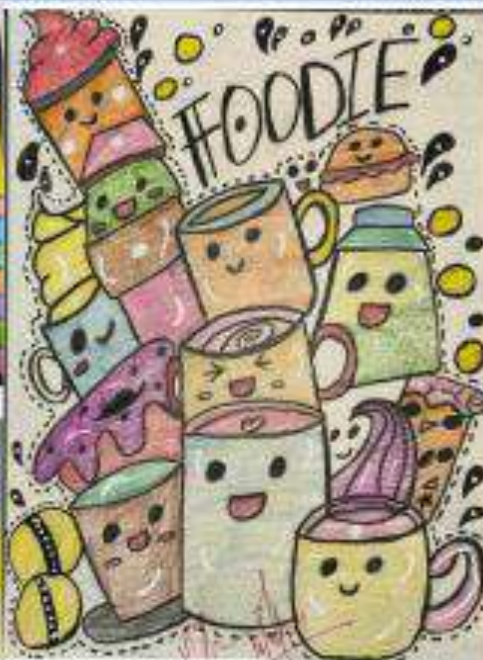
Radhika Class- VII



Sahibjot Singh Class -VII



Sahibjot Singh Class - VII



Jashandeep Kaur Class - VIII



Radhika Class - VII

Personal Development and Reflection



Personal development is a continuous journey of self-improvement and growth. It involves understanding one's strengths and weaknesses, setting goals, and taking deliberate steps toward becoming a better version of oneself. Reflection plays a crucial role in this process, as it allows individuals to look back on their experiences, analyze them, and learn from both successes and failures.

One of the most important aspects of personal development is setting goals. Whether these goals are academic, personal, or professional, they provide direction and motivation. When individuals set clear, achievable goals, they have something to strive toward, which fosters a sense of purpose. However, goal-setting alone is not enough. It requires dedication, discipline, and a willingness to adapt

when things do not go as planned.

Reflection is the tool that helps individuals assess their progress. By reflecting on their actions and decisions, people can identify what worked well and what didn't. This process not only promotes self-awareness but also helps build resilience. Learning from mistakes is an essential part of growth, as it teaches valuable lessons about perseverance, problem-solving, and flexibility.

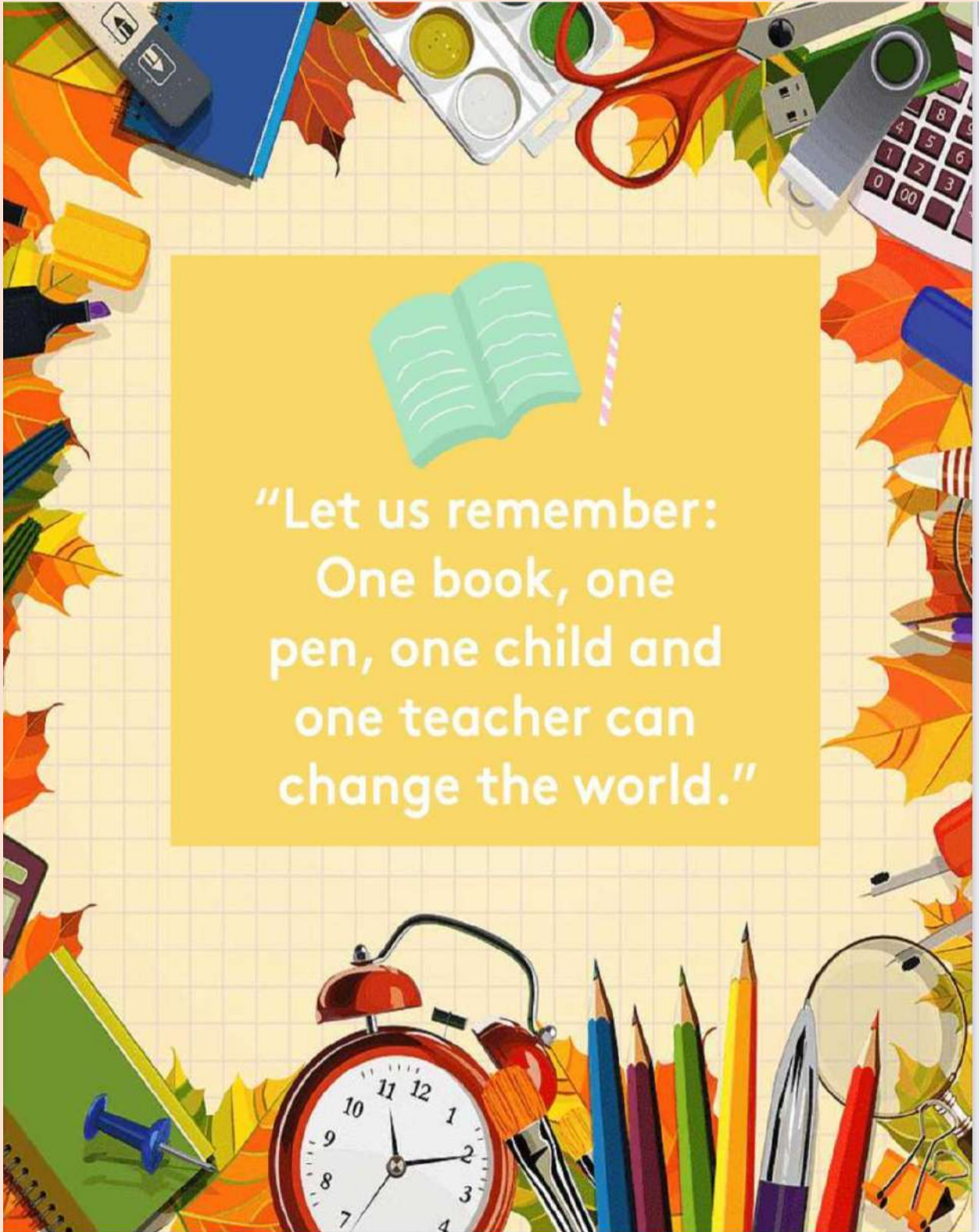
Moreover, personal development enhances emotional intelligence, which is the ability to understand and manage one's own emotions as well as those of others. As individuals grow in self-awareness and empathy, they become better equipped to navigate relationships, handle conflicts, and make informed decisions.

In conclusion, personal development and reflection go hand in hand. Through setting goals and reflecting on experiences, individuals can continue to grow, improve, and reach their full potential. This process not only benefits the individual but also positively impacts their interactions with the world around them.

Ms. Harpreet Kaur Walia

Coordinator (Classes VI-VIII)

CLASSES III-V



“Let us remember:
One book, one
pen, one child and
one teacher can
change the world.”

PUNJABI CALLIGRAPHY COMPETITION

A Punjabi calligraphy competition was organized for students of classes III to V, encouraging them to showcase their handwriting skills in the beautiful script of Gurmukhi. The event aimed to foster a deeper connection with the Punjabi language while also enhancing the students' fine motor skills, creativity, and artistic expression through traditional calligraphy.

SHOW AND TELL

The event provided a dynamic platform for young learners to showcase their favourite toys, accompanied by eloquent descriptions. Additionally, some students crafted posters and shared discussions about their favourite books, adding diversity to the presentations.

Each participant took to the stage with enthusiasm, narrating captivating anecdotes and insights about their cherished items. The supportive environment helped the students enhance their communication skills while encouraging self-expression. This event not only promoted individual growth but also strengthened peer connections, fostering a love for sharing ideas from an early age.

The competition was a fun and educational experience that left a positive impact on the students, encouraging them to confidently express themselves in front of an audience.



STORYTELLING COMPETITION

A Storytelling Competition for Class 4 students, designed to enhance their communication skills and boost confidence. The competition offered a vibrant platform for students to narrate moral-based stories, encouraging self-expression and public speaking.

The young storytellers enthralled the audience by creatively integrating a variety of props into their performances, adding depth and excitement to their narratives. Each story concluded with a valuable moral lesson, imparting important life values to the audience. The event not only highlighted the students' storytelling talents but also reinforced the significance of ethics and values through engaging tales.



SHIKSHA SAPTAH

In celebration of Education Week, students were engaged in a diverse range of activities designed to foster creativity, environmental stewardship, and physical wellness. The weeklong event featured a series of hands-on projects and games, emphasizing both educational and recreational aspects.

One of the highlights of the week was a comprehensive gardening activity where students from various grades participated in creating and managing compost pits. This initiative aimed to teach students about the principles of composting, waste management, and the importance of recycling. Students enthusiastically learned how to transform organic waste into valuable compost, gaining insights into sustainable living practices.

In addition to composting, students explored innovative ways to repurpose materials through a "Best Out of Waste" project. Using old newspapers and plastic straws, participants crafted creative and functional items, demonstrating how everyday items can be transformed into useful objects while promoting environmental consciousness.

The week also included a vibrant Poster Making competition, where students illustrated their understanding of various educational themes and environmental issues. The posters, adorned with bright colours and thoughtful messages, were displayed throughout the school, showcasing the students' artistic talents and commitment to important causes.

A variety of games and physical activities were organized to encourage teamwork and fitness. Among the popular activities were "Hanky Pick and Run" and "Poshan-Paa," specifically designed for girls, and "Dodge Ball," which saw participation from both boys and girls. These games not only provided fun but also helped in developing coordination and sportsmanship.

Breathing exercises were incorporated into the schedule to promote relaxation and mental well-being, offering students a chance to unwind and focus on their overall health.



THE IMPORTANCE OF PARENT-CHILD BONDING SESSION



An enriching session was held with class V parents aimed at fostering a strong bond between parents and their children. The session was dedicated to discussing effective parenting strategies, nurturing connections, and providing tools to support children's holistic development. Emphasizing the significance of quality time spent with children in today's era, the session encouraged parents to engage actively in their child's upbringing.

Principal Dr. Anupkiran Kaur closing remarks offered valuable insights and guidance to the parents, ensuring a meaningful conclusion to the session.

INDEPENDENCE DAY CELEBRATIONS

Independence Day celebrations were marked by great enthusiasm and fervour. A special assembly for students in classes 3 to 5 featured a range of activities, including role plays, dance performances, speeches, and poetry recitations. The students also presented a skit on 'Unity in Diversity,' highlighting the importance of unity in our nation and its uniqueness. Additionally, a skit was performed that illustrated the true meaning of Independence, reminding everyone of the sacrifices made by freedom fighters and the joy of our hard-won freedom.



RAKSHA BANDHAN CELEBRATIONS

The event began with a discussion led by teachers about the significance of Raksha Bandhan, highlighting the festival's celebration of the enduring bond between siblings. This was followed by a creative display where students crafted vibrant and unique Rakhi's for their brothers and sisters. Through this competition, each child not only demonstrated their artistic talents but also deepened their appreciation of sibling relationships.



EXPRESSIONS



Preet Karnal (Class III)



Jasnoor Singh (Class V)



Japleen Kaur (Class V)



Jasraj Singh (Class V)



Harsanjot Class -III



Aditi Class - V



Vakul Class- V



Jasleen Kaur Class -V

“Nurturing Good Habits and Etiquette in Children:



A Guide for Parents and Educators” Raising a well-mannered child who practices good habits is a vital responsibility for both parents and educators. Children absorb behaviors from their surroundings, making it essential for adults to model the values they wish to instill. Simple actions such as speaking politely, showing gratitude, and respecting others are observed and adopted by children when they see their parents practicing these daily.




It’s important to start instilling these habits early, as younger children are more receptive to learning behaviors that become ingrained as they grow. Consistency is key in teaching good habits. Regularly reminding your child about the importance of saying “please” and “thank you,” sharing with others, and maintaining personal hygiene helps reinforce these lessons. Praising good behavior encourages children to continue acting in a respectful manner. Rather than using punishment, positive reinforcement, such as acknowledging when they follow instructions or show kindness, motivates them to repeat these actions.

Creating a structured routine helps as well. Setting specific times for activities like studying, playing, or eating teaches children discipline. Moreover, it’s essential to talk to children about empathy— understanding how their actions affect others. This helps them become more considerate, respectful, and responsible. Ultimately, nurturing good habits and etiquette in children requires patience, guidance, and a supportive environment. When children grow up with these values, they not only succeed in personal and academic life but also contribute positively to society.


Ms. Teena

Coordinator (Classes III-V)

CLASSES I-II



The beautiful thing
about learning is
that no one can take
it away from you.



BLISSFUL BLUE DAY

Slogan Writing on the theme “Save Water, Save life “has been organized. Drawing activity on “To preserve water is a necessity was organized where students participated enthusiastically.



THEME BASED ASSEMBLY

Special class wise theme-based assembly was organized. Their topics were as:

I (Ganges): Gratitude.

II (Himalaya): Kindness

I (Ravi) : Teamwork

II (Satpura) : Good Manners

I (Indus) : Obedience

II (Aravalli) : Punctuality

I (Narmada) : Honesty

II (Vindhya) : Magic Words

I (Satluj) : Good Manners

II (Nilgiri) : Sharing is Caring

The main purpose behind this activity is to imbibe moral values and to enlighten young minds to channelize the thoughts, feelings and expressions into an ideal direction.



MANGO DAY CELEBRATIONS

To celebrate and relish the taste of the most favourite fruit " Mango" the younglings of class 1 celebrated Mango Day. The students came dressed up in the shades of yellow and brought mango in various forms like desserts, cakes, yoghurt made from mango in the tiffin box. Animated video showing the benefits of eating mangoes has been showcased.



WORLD NATURE CONSERVATION DAY

Nature Walk and Cleanliness drive was conducted , where students understood the importance of 3 R'S (Reduce , Reuse and Recycle). Power point presentation on "Save Wild life " has been showcased. Students took a pledge to make their surroundings green and clean.



PRE INDEPENDENCE DAY CELEBRATIONS

Special assembly was organized where students participated in dance competition , poems speeches and songs whole heartedly. Craft activity - tricolour badges and caps has also been taken up. Presentation on our national Symbols has also been showcased.



RAKSHA BANDHAN

Students made beautiful eco-friendly Rakhi's using pulses, best out of waste material, beads and so on. They participated with great fervor and enthusiasm. The basic theme behind organizing this event was to increase creativity among students.



JANMASHTAMI CELEBRATIONS

Drawing activity – handi and flute making and mukut decoration has been conducted. Animated video showcasing the adventures of Lord Krishna has been showcased.



DEMONSTRATION AND EVALUATION PROGRAMME

Demonstration, a joyful learning platform has been organized. In this exercise term 1 curricular as well as co-curricular activities were demonstrated. The theme being “Jadui Pitara “which was organized by NCERT, New Delhi. Students showcased their talent through storytelling, skit, poetic recitation, art integration and life skill activities. It was followed by presentation of “thank you cards “which were made by students for the parents.



SHIKSHA SAPTAH

Shiksha Saptah was a culmination of week-long celebration of education and learning. This week included various activities like cultural dance respecting diversity, fun games, sports awareness, best out of waste, cleanliness drives, nature walk, yoga time and so on. This week long celebration provides an excellent opportunity to reflect on the transformative reforms introduced by NEP -2020.



EXPRESSIONS



Veronica Class II Himalaya



Gurbani Class II Himalaya



Gurdab Singh Class Indus



Sneha Class II Himalaya



Piya Class I Ravi



Gurmehar Class I Ravi



Navinderveer Singh Class I Indus



Valdehi thakur Class II Nilgiri

Discovering Child's Unique Learning Style



**“IF A CHILD CAN’T LEARN THE WAY WE TEACH
MAYBE WE SHOULD TEACH THE WAY THEY LEARN”-
Ignacia Estrada**

In the dynamic world of education, acknowledging and appreciating each child's unique learning style is a transformative journey. As parents and educators we play a pivotal role in this journey by understanding learning styles and embracing the diverse ways in which our children absorb and process information.

Ways Recognising Children's Varied Learning Styles

Every child is different, and so too are their learning preferences, which influence how effectively they comprehend and retain information. To understand a child's individual learning style, we have to explore the subtle differences between kinesthetic, visual, auditory, and read/write learning styles.

- Painting a Picture of Knowledge for Visual Learners

For visual learners, the world is a canvas waiting for vibrant exploration. Optimal learning occurs through charts, visuals, and spatial arrangements. Discover effective techniques such as diagrams, colour-coded materials, and visual aids that serve as artistic pathways to comprehension.

- Auditory Learners: Finding Harmony in Learning

Auditory learners find resonance in sound. Learn how to create an auditory-friendly environment, incorporating discussions, audiobooks, and music to orchestrate an immersive learning experience. Unveil the potential of verbal communication as a powerful tool for reinforcing concepts.

- Hands-on Exploration: Embracing Kinesthetic Learners

Kinesthetic learners gain knowledge through hands-on experiences and movement. Explore a realm of activities that encourage physical engagement, from interactive projects and experiments to educational games. Recognise the importance of incorporating movement to enhance their comprehension and retention.

- **Read/Write Learners: Scripting Success**

Those inclined towards reading and writing find comfort in the written word. Discover strategies tailored to read/write learners, including note-taking, journaling, and written assignments. Delve into how a text-rich environment and engaging literature can fuel their passion for learning.

Embracing Lifelong Learning Together


Understanding the child's learning style is a continuous process. Embrace the uniqueness of each student's learning style, nurturing pride and confidence in their educational pursuits.

Lastly I would like to conclude "Every child has a different learning style and pace. Each child is unique not only capable of learning but also capable of succeeding"

Ms.Dimpy Sharma

Coordinator (Classes I-II)

KINDERGARTEN SECTION

A collage of school supplies and autumn leaves surrounding a central text box. The supplies include a blue folder, a paint palette with yellow and green paint, red scissors, a calculator, a blue pencil case, a red alarm clock, a blue pushpin, a green notebook, a magnifying glass, and several colored pencils. The leaves are in shades of orange, yellow, and red. The background is a light yellow grid.

The beautiful thing
about learning is
that no one can take
it away from you.

RHYME TIME

Rhymes enjoy an important part in life of a kindergartener. Teaching of rhymes not only develops speaking skills but also helps express their feelings through facial expressions and gestures. This was beautifully displayed by the students of Kindergarten classes where they performed on different rhymes. The little learners recited various melodious rhymes. It was an excellent opportunity for kids to gain confidence through this activity. It was an overwhelming experience for the students as well as the teachers and parents.



MANGO PARTY

To celebrate and relish the taste of the most favourite fruit, MANGO, the younglings of kindergarten celebrated 'Mango Day' on 12th July, 2024. It was a sweet and juicy morning for the kids as the day started with a general conversation about the king of fruits 'MANGO'. Teachers briefed about its being the kind of fruits, not only for its taste and color but also for the nutrients it offers. Kids brought different food items made of Mangoes and they relished it too. Mango shape take away was also made and given to the children. Our tiny tots were blooming with happiness throughout the day. It was a fun learning experience for them.



LEMONADE MAKING ACTIVITY

The kindergarten classes embarked on a fun and educational adventure to make their own lemonade on 16th July, 2024. Students learned about the ingredients needed (lemon, water, sugar and salt), measured them carefully, and mixed them together. They also discussed the importance of following instructions and working cooperatively. The lemonade-making activity was a delightful and engaging experience for the kindergarten students. The activity also provided a fun and sensory-rich experience that they will remember for years to come.



SHOW AND TELL

Show and tell activity was organized for the classes LKG & K.G on 23rd July, 2024 and 24th July, 2024. The purpose was to improve the communication and descriptive skills in students. Children described and spoke few lines on 'MY FAVOURITE FRUIT' and 'MY FAMILY' along with colourful props. The tiny tots participated with full zeal and enthusiasm as they came up with different lines and different beautiful props. Through this activity there was not only an enhancement in the vocabulary of the students, but a boost of confidence also seen. Some students selected for Inter section competition and the winner got certificates.





SHIKSHA SAPTAH

Shiksha Saptah was organized at Kindergarten wing under the guidelines of C.B.S.E. Students enthusiastically engaged in various activities.

Day 1: Students participated in Jaadui Pitara (Magical Box), sparking their imagination through hands on activities to introduced concepts in an enjoyable manner.



Day 2: FLN Day in which students participated in Show and Tell activity.



Day 3: Students participated in Zumba, yoga and P.T exercises.



Day 4: Students engaged in themed worksheets on “Unity in Diversity”.



Day 6: Plant for Mother- Students planted a sapling with their mothers.



SELF-INTRODUCTION

With boundless energy and excitement, the Nursery students took turns to introduce themselves with flair on 31st July, 2024. This engaging activity aimed to expand their vocabulary and nurture their confidence. Armed with vibrant props, they showcased their unique personalities and delivered impressive self-introduction that left everyone beaming with pride.



BLUE DAY

Blue Day celebrated among kindergartners on 9th August, 2024. It was a pleasant and a cool blue day for the kids. The significance of the blue colour was reiterated through a series of activities like kids bought their favorite blue coloured object and spoke few lines. The dress code of the day was blue. Kids enjoyed the day.



INDEPENDENCE DAY

Independence Day was celebrated with great patriotic spirit and zeal on 13th August, 2024. With the motive and intention to inculcate patriotic fervor among students' school organized plethora of events like patriotic dance, patriotic song and kids were dressed up in tri colour dress. Students were also made aware about the national flag. It was a memorable day for kids.



SANDWICH MAKING ACTIVITY

"On 14th August, 2024, the Nursery class embarked on a delightful sandwich-making activity, themed around Independence Day. The young chefs creatively filled their sandwiches with a vibrant medley of tri-colour vegetables, symbolizing the hues of our national flag. This engaging activity not only honed their culinary skills but also instilled in them the spirit of patriotism and independence."



RAKSHA BANDHAN

Raksha Bandhan was celebrated with full zeal and endeavour on 14th August, 2024. The motive of celebrating the festival was to make the children aware about the virtuous bond of love between a brother and sister. Rakhi Making activity was conducted in the classes where children made the beautiful rakhi with different decorative material. They enjoyed making colourful rakhi.



JANAMASHTAMI

This festival was celebrated with full fervor on 23rd August, 2024. Students came dressed as Lord Krishna and Radha. Matki decoration was done in the class to make the day more memorable. Movie was also shown based on the life story of Krishna. Children danced on songs of Krishna and they enjoyed the day.



HAND WASH ACTIVITY

To emphasize the importance of hand hygiene, we conducted a handwashing activity on 9th September, 2024. Students learned about the proper techniques for washing their hands and the benefits of this simple yet effective practice. During the activity, we demonstrated the correct steps for handwashing, including using water, applying soap, scrubbing for at least 20 seconds and rinsing thoroughly. We also highlighted the importance of washing hands at key times, such as before and after eating and after using the washroom.



TOOTH BRUSH ACTIVITY

To promote the importance of oral hygiene, we held a fun and educational toothbrush activity on 11th September, 2024. During the activity, we demonstrated the correct way to brush teeth, including brushing all surfaces of the teeth, the tongue, and the gums. Students were encouraged to learn proper brushing techniques and the benefits of regular dental care.



DEMONSTRATION

"A vibrant demonstration was organized for the Nursery class on 12th September, 2024, where our tiny tots showcased their enthusiasm and energy. With confidence and poise, they presented various topics, including self-introduction, 'My Family', 'My School', 'Traffic Lights' and a special theme on 'Fruits, Vegetables, and Animals'. Our little ones beautifully articulated their thoughts, leaving the audience impressed.

This mid-term activity culminated in a patriotic finale, featuring a soulful rendition of a patriotic song and the National Anthem. As a heartfelt gesture, the students also presented their parents with personalized 'Thank You' cards, expressing their gratitude and love.



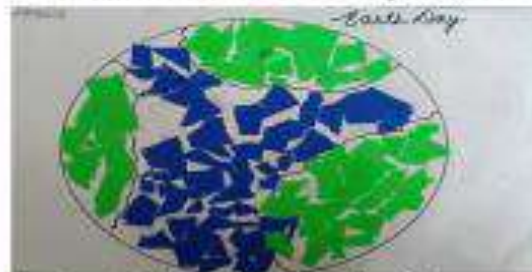
EXPRESSIONS



Meetisha Class Nursery Green



Myra Class K.G- Marigold



Aarvi Class K.G Marigold



Bhaavya Class L.K.G- Robin



Arnav Singh Thakur Class K.G Daffodil



Aryan Class K.G -Daffodil



Ayush Class L.K.G Flamingo



Aruhi Class L.K.G Dove

The Joy of Reading in Kindergarten



In kindergarten, reading opens the door to a world of imagination, discovery, and learning. For young children, it's not just about recognizing words, but about exploring stories, pictures, and ideas that help them understand the world around them.

Why is Reading Important?

Reading in kindergarten is an essential foundation for future learning. When children are introduced to books early on, they develop language skills, expand their vocabulary, and improve their listening abilities. Through reading, children also learn about new concepts, cultures, and experiences they may not encounter in everyday life.

Building a Love for Books

At this stage, it's important to make reading fun! Picture books with colorful illustrations and engaging stories are perfect for capturing a child's attention. Books like *The Very Hungry Caterpillar* or *Brown Bear, Brown Bear, What Do You See?* are popular among kindergartners because of their repetitive patterns, which make it easy for children to follow along.

The Power of Storytime

Storytime is a special part of the day in kindergarten. Teachers often gather students together to read aloud, allowing children to listen and enjoy the rhythm of the words. This shared experience helps build a love for stories and encourages children to be curious about what happens next. It also introduces them to new words and ideas that they can use in their own conversations.

Interactive Reading

In kindergarten, reading is not just about sitting still and listening. Interactive reading, where children point to pictures, ask questions, and predict what will happen next, helps develop their comprehension skills. When children actively engage with a story, they are more likely to remember and understand it.

Recognizing Letters and Sounds

Kindergartners also begin to recognize letters and the sounds they make. Activities like singing the alphabet song, identifying letters in their name, and playing word games help children connect letters to sounds. This is the first step in learning how to read independently.

Making Reading Part of Everyday Life

Reading doesn't just happen in the classroom. At home, parents and caregivers can make reading a part of everyday life by reading bedtime stories or visiting the library together. The more children are exposed to books, the more confident they become in their reading skills.

In kindergarten, reading is an exciting journey that fosters curiosity, creativity, and a lifelong love of learning. Through fun and interactive reading activities, children build the skills they need to become confident readers and thinkers.

Mrs. Iderjit Kaur

Coordinator (Kindergarten Group)

ATL LAB: A HUB FOR INNOVATION AND CREATIVITY EXPLORING NEW HORIZONS WITH ATL LAB



Shivalik Public School Shines in ATL and Technology Events

We are thrilled to share some exciting achievements and events that have brought immense pride to Shivalik Public School in recent months!

Shivalik Public School Awarded as ATL School of the Month – June 2024



We are proud to announce that Shivalik Public School has been recognized as the ATL School of the Month for June 2024! This honor was bestowed upon us for our dedication to promoting innovation, creativity, and entrepreneurship through the Atal Tinkering Lab (ATL) program. Our students have actively participated in ATL activities, showcasing their talents and passion for STEM education.

Participation in ATL Tinkerpreneurship 2024-25

Seven talented students from Shivali Public School enthusiastically participated in the ATL Tinkerpreneurship 2024-25 program. This platform allowed them to develop entrepreneurial skills, innovate solutions to real-world problems, and turn their ideas into actionable projects. We are immensely proud of their hard work and the innovative ideas they brought forward.

Naitik Negi and Arnav Ranjan Triumph at RoboFight



We are delighted to celebrate the success of Naitik Negi and Arnav Ranjan, who represented Shivali Public School in the RoboFight competition conducted by Shamrock School. Their robotic creation outperformed the competition, earning them the first position in this exciting event. Their success reflects the hard work and dedication they have put into their robotics projects and their commitment to pushing the boundaries of technology.



Bharat AI & Drone Expo 2024

Students from Shivalik Public School had the unique opportunity to attend the Bharat AI & Drone Expo on 21st September 2024, hosted by Chandigarh Group of Colleges, Landra. This experience allowed them to explore cutting-edge developments in Artificial Intelligence and drone technology. The knowledge and insights they gained from this event have broadened their horizons and inspired new ideas for future projects.

We congratulate all our students for their remarkable achievements and participation in these events. Their efforts continue to make Shivalik Public School a hub of innovation and creativity. Let's keep the spirit of learning and discovery alive!

Student's health and well-being



The school medical inspection room plays a crucial role in promoting student health and well-being.

Here are some key aspects of its role:

1. Health Screenings: The inspection room is a space where routine health screenings occur, such as vision, height and weight measurements, and general health assessments.
2. First Aid and Emergency Care: The room serves as a first aid station for minor injuries and illnesses.
3. Referrals and Follow-ups: If a health concern is identified, the medical inspection room staff can refer students to appropriate healthcare providers and help coordinate follow-up care, ensuring continuity in health management.
4. Collaboration with Parents and Community: The school medical inspection room acts as a liaison between parents, the school, and healthcare providers, facilitating communication and support for students' health needs.
5. Promoting Healthy Environment: By addressing health issues and promoting wellness initiatives, the medical inspection room contributes to creating a healthier school environment, ultimately supporting academic success and student development.
6. Students are administered deworming tablets in the school medical room twice a year as part of our routine health screenings, ensuring their overall well-being and promoting a healthy learning environment the tablet Albendazole being supplied by Punjab government ".
7. "The school authority purchases essential medicines for the medical inspection room, including antibiotics, antipyretics, antispasmodics, antiemetics, antiseptic creams and lotions, ORS powder, glucose D, and pain relief ointments etc based on the demand of doctor.

Dr. Jaidev Singh

(MS Gen Surgery)

SMO Retd

Collaboration for Inclusive Excellence



As special educators, we understand the value of teamwork in supporting students with diverse needs. Working together with teachers is crucial for creating learning environments that cater to every student's unique requirements.

When we special educators and teachers collaborate, we put students first. This teamwork approach ensures that lessons are tailored to meet individual needs, and we can share our expertise to provide comprehensive support.

Effective collaboration between special educators and general teachers take many forms:

Special educators provide expertise on:

- Adaptations and accommodations for students with disabilities
- Strategies for differentiated instruction
- Behavioural support and intervention

General teachers offer:

- Content knowledge and curriculum expertise
- Classroom management and organizational skills
- Feedback on student progress

Parents provides:

- Insights on their child's strengths, needs, and learning style.
- Information on home-based strategies and supports.
- Participation in goal-setting and progress monitoring.

Together we :

- Co-plan lessons and units to ensure inclusivity.
- Co-teach classes, providing additional support and expertise.
- Develop and implement Individualized Education Programs (IEPs).
- Share resources, materials, and technology.
- Participate in joint professional development opportunities.
- Conduct regular progress monitoring and assessments.

Collaborative strategies include:

- Team teaching: Special educators and general teachers teach together.
- Station teaching: Students rotate through stations, each taught by a different teacher.
- Parallel teaching: Teachers teach same content, adapting for different needs.
- Alternative teaching: Special educator provides alternative instruction.

Benefits of collaboration:

- Improved student outcomes.
- Enhanced teacher confidence and competence.
- Increased accessibility and inclusivity.
- Better support for students with diverse needs.
- Reduced teacher burnout and stress.

At Shivalik Public School, we believe that collaboration is a key to unlock student's potential. By working together, we can create supportive and stimulating learning environments that empower our students to succeed.

We encourage all educators to join us in embracing collaboration.

“The sum of our collective efforts is greater than the sum of our individual strengths – collaboration multiplies our impact.”

Ms. Tanya

Special Educator

The Importance of Emotions and Building Emotional Awareness



Emotions play a vital role in a child's overall development. From a young age, children experience a wide range of emotions, but understanding and managing them can be a challenge. This is where building emotional awareness becomes crucial. Helping children recognize and express their emotions in healthy ways not only strengthens their emotional intelligence but also equips them with lifelong skills for success and well-being.

Firstly, emotional awareness allows children to identify their feelings. Whether it's joy, sadness, anger, or frustration, children need to learn to name these emotions. When children can label what they're feeling, it reduces confusion and helps them make sense of their internal experiences. This foundational skill is essential for navigating social interactions and coping with everyday challenges.

Secondly, fostering emotional awareness in children promotes empathy. When children understand their own emotions, they become more attuned to the feelings of others. Empathy is a critical social skill that encourages kindness, cooperation, and positive relationships. By teaching children to consider how others might feel in various situations, we nurture a more compassionate and inclusive mindset.

Moreover, emotional awareness directly impacts a child's mental health. Children who can express their feelings are less likely to suppress their emotions, which can lead to anxiety, stress, or behavioural issues. Open discussions about emotions create a safe space for children to share their worries and frustrations, preventing emotional buildup and promoting healthier ways of dealing with difficult feelings.

Parents and educators play a pivotal role in this process. Through daily interactions, adults can model emotional regulation and guide children in managing their emotions. Simple activities like role-playing, storytelling, or using emotion charts can help children recognize different feelings and appropriate ways to express them. Encouraging children to talk about their emotions without fear of judgment fosters emotional resilience and helps them understand that emotions, both positive and negative, are a natural part of life.

In conclusion, building emotional awareness in children is essential for their social, emotional, and cognitive development. When children are equipped with the tools to understand and manage their emotions, they grow into emotionally intelligent individuals capable of managing stress, and navigating life's challenges with confidence.

Ms. Saireema
Counsellor

SHIVALIK IN NEWS

Shivalik Public School, Mohali



The school celebrated the 78th Independence Day of India with great enthusiasm. The celebration commenced with the flag-hoisting ceremony followed by the national anthem and patriotic song singing that awakened everyone's feelings towards the motherland. In the school auditorium, glimpses of the glory and freedom struggle of India were presented through a plethora of performances. The students, dressed in the vibrant colours of the nation - green, white and saffron, displayed the distinguished ardour in their performances. Furthermore, the colourful bonanza consisted of speeches, group songs, poems, solo performances, dances and skits, which replicated the contribution made by the national heroes to earn India's sovereignty and home rule. NCC contingent of the school brought laurels as they showcased impressive performance at the district level Independence Day celebrations, organised at the Govt College, Phase 6, Mohali. Principal Dr Anupkiran Kaur commended the combined efforts of the students and teachers for presenting the wonderful show and emphasized the need of maintaining peace and communal harmony in the nation.

Shivalik Public School, Phase 6, Mohali

The school organised a demonstration programme — a joyful learning platform — for the students of Class I in which curricular as well as co-curricular activities were presented. Children showcased their talent through storytelling, skits, poetic recitation, English, maths, Hindi, EVS, computer, art integrated and life skill activities. Special 'Thank you' cards were presented by students to the parents. The school counsellor gave a talk on 'Engagement of students'. The programme concluded with a patriotic dance. Principal Dr Anupkiran Kaur congratulated the students for their exceptional performance and appreciated the parents for their support.



Shivalik Public School, Mohali

The school celebrated Independence Day. The celebration commenced with the national flag-hoisting ceremony, followed by singing of the national anthem and patriotic song. In the school auditorium, glimpses of glory and freedom struggle of India were presented through a plethora of performances.

SCHOOL HOLDS RHYME TIME FUNCTION FOR KG WING

Rhyme Time function was organised for the kindergarten wing by **Shivalik Public School, Phase 6, Mohali**, with the aim to boost self-confidence of the tiny tots. The function started with a prayer with adulation of the almighty.

The vibrant atmosphere filled the venue, as the young students from the pre-primary section took the stage to perform an array of classic and contemporary rhymes. Children sang enthusiastically and confidently, captivating the audience with their innocence and charm.



The little ones also showcased their skills during zumba dancing under the able guidance of their sports teacher. The function concluded with an exuberating dance performance.

Parents were delighted to see their children's performance.

The event concluded with a vote of thanks by the school principal, Dr Anupkiran Kaur.

Shivalik Public School, Phase 6, Mohali

A rhyme time function was organised for the kindergarten wing by the school with the aim to enhance the self-confidence of the tiny tots. The function started with a prayer with adulation of the Almighty. Vibrant atmosphere filled the venue, as the young students from the pre-primary section took to the stage to perform an array of classic and contemporary rhymes. Children sang enthusiastically and confidently, captivating the audience with their innocence and charm. The little ones also showcased their skills for Zumba dancing under the guidance of their sports teacher. The function concluded with an exuberating dance performance. Parents were delighted to see their children's performance. The event concluded with a vote of thanks by school Principal Dr Anupkiran Kaur.

भाविप ने करवाए कविता गायन मुकाबला



मोहाली | भारत विकास परिषद की शाखाओं के आपसी सहयोग से सेक्टर-51 के प्राइवेट स्कूल में कविता समूह गायन प्रतियोगिता हुई। मोहाली शाखा के अध्यक्ष आलोक पवार ने बताया कि इस मौके स्कूल की संस्थापक निदेशक बीना मल्होत्रा मुख्यातिथि और समाजसेवी सविंदर कुमार भीमान विशेष अतिथि के तौर पर शामिल हुए। इस प्रतियोगिता में आसपास के गांवों समेत 7 स्कूलों की टीमें ने

भाग लिया। मुकाबलों की जर्मेट सुमेश गुप्ता, सोनाली और अजय भीमान ने की। इस मौके मोहाली ब्रांच की ओर से भाग लेते हुए शिवालिक स्कूल ने पहला स्थान प्राप्त किया। महाराणा प्रताप शाखा की ओर से शेरमोंक स्कूल सेक्टर 69 की टीम विजेता रही। प्रथम स्थान प्राप्त करने वाली दोनों टीमों 29 सितंबर को बस्सी पटाना में होने वाली राज्य स्तरीय प्रतियोगिता में भाग लेंगी।

Shivalik Public School, Phase VI, Mohali

The school organised inter-section show and tell competition for Class III. The event served as a vibrant platform where students not only showcased their favourite toys with eloquent descriptions but also some crafted posters and discussed about their favourite books. Each participant enthusiastically presented their cherished toys, sharing captivating anecdotes and insights, thereby enhancing their communication abilities in a supportive environment. The event not only helped students express themselves but also brought them closer together, encouraging them to enjoy talking and sharing ideas with each other right from a young age.

Show & tell event helps students improve speaking skills

Shivalik Public School, Phase VI, Mohali, cultivated confidence and public speaking skills among its students with an engaging inter-section show and tell competition for class III.

The event served as a vibrant platform where students not only showcased their favourite toys with eloquent descriptions but also some crafted posters and discussed about their fa-



avourite books. Each participant enthusiastically presented their cherished toys, sharing captivating anecdotes and insights, thereby enhancing their communication abilities in a supportive environment. This event not only helped students express themselves but also brought them closer together, encouraging them to enjoy talking and sharing ideas with each other right from a young age.

Qualities for Excellence

Universal Values

Global Understanding

Service to the World

Leadership Skills

Full Commitment

Total Involvement

Goal-setting Competency

Positive Attitude

Strong Will Power

OUR VISION

Make every student a self-motivated agent of social change