

Shivalik Public School, Mohali, held its Annual Sports Meet, 2024, a vibrant event that brought together students and faculty for a day of athletic excellence, camaraderie and spirited competition.

The event was graced by the esteemed presence of Dr. Jyoti Soni, Principal, Shivalik Institute of Education and Research, Dr. Anupkiran Kaur, Principal, Shivalik Public School, Mohali and Dr. Teena Chopra, Vice Principal of the School.

The March Past, a highlight of the event, featured students from various houses marching with pride, displaying exceptional coordination and team spirit. The Oath Ceremony emphasized the values of sportsmanship, culminating in the symbolic Passing of the Torch.

The Sports Meet featured a range of track and field events that showcased the athletic skills of students across Grades 6-8. Enthusiastic performances in Aerobics, Lazium, strategic Pyramid formations, and Yoga added to the day's energy. Events like the relay race, shuttle run, long jump, medicine ball throw, lemon race and skipping race kept the excitement alive, reflecting the students' hard work, discipline and commitment to sportsmanship.

Teachers also joined in the fun with a lively Musical Chair competition, adding a touch of light-hearted entertainment to the day.



The event concluded with the medal ceremony, where the achievements and dedication of the students was celebrated. The day ended on a note of unity and pride with the National Anthem resonating through the grounds.

Principal Dr. Anupkiran Kaur expressed pride in the students accomplishments and emphasized the role of sports in instilling discipline, teamwork and resilience.